



THE DISTRIBUTION SERIES.

No. 1.

# Kam Shastra

OR

A Guide to Health, Wealth & Prosperity.



AUTHOR,

VAIDYA SHASTRA

Manishankar Govind

PROPRIETOR

Atank-Nigrah Pharmacy

JAMNAGAR.



JAMNAGAR

PRINTED AT THE 'JAS-VAT' PRINTING PRESS.



1908

6th Edition.]

[Twenty thousand.

## SPECIAL NOTICE.

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**I**N my dispensaries, I find 80 out of 100 patients suffering from diseases of the seminal fluid and the reproductive organs. I used to cure them by prescribing for them, only the **ATANK NIGRAH PILLS** and the **MANI OIL**, and never was I disappointed. Treating my patients for 25 years in this manner, I have found that the **ATANK NIGRAH PILLS** are the greatest and the most infallible remedy for curing all kinds of diseases consequent on the corruption of the seminal fluid.

I have prepared the **ATANK NIGRAH PILLS** after carefully perusing the Charaka, the Sushruta and such other Hindu Medical books. By using the pills, every one will come to know of their efficacy and usefulness.

VAIDYA SHASTRI,  
MANISHANKAR GOVINDJI

*Atank Nigrah Pharmacy*  
HEAD OFFICE —JAMNAGAR.

❧ **PLEASE NOTE.** ❧

**A**N insinuating aspersion was made as to the writings of the accompanying pages being obscene but the Gangetic Magistracy has after a hatterest test pushed KAM SHASTRA, nay, sanctified it, and we therefore right earnestly recommend the careful perusal of the preface to the first edition hereof

VAIDYA SHASTRI

**PREFACE TO THE FOURTH EDITION.**

The book of KAM SHASTRA is over editioned and consequently over-prefaced.

The world-wide popularity of the book and its benign influence all round are realized too practically by most of its readers to require any more dance of our pen in this fourth edition

The standing that the book has obtained in this mane literature of sexual science is, we believe, so permanent that it will never witness a time when it will be spared the issue of further editions. Thus the over-importance of the book foreshadows us the innumerable editions thereof, and hence KAM SHASTRA without a preface hereafter.

**AUTHOR**

## PREFACE TO THE THIRD EDITION.

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Introduction to KAM SHASTRA is an idea, which ignores the universal appreciation that the book has achieved and far-reaching fame that it has built up. The close and constant companionship of the book formed by every reader, the continuous craze for the digestion of its contents and an ardent desire to carefully observe all the instructions of the book are facts too solid to be overlooked in prefatory remarks. If these items form the matter of an introduction, then the KAM SHASTRA is too well-known to require any such introduction.

KAM SHASTRA heralds the ATANK NIGRAH PILLS, the efficacious properties whereof have fetched their author such reputation as compares favourably with the appreciation of the book. If the bookish world records the glorious success of KAM SHASTRA, the medical atmosphere is resonant with the praises of A. N. PILLS, which are said to be a parallel. The innumerable certificates which are heaped in this pharmacy and only a few of which we have been enabled to quote in our publications are all out-

bursts of natural enthusiasm, wonderment and admiration of those distressed patients who tired of the excruciating agony of their long-standing diseases, (deceived by a number of quack medicines) had resorted to this medicine A N PILLS as the only solace left to them in this world. And lo, the rapid cure set up by the medicine wonderstruck them and made them grant these certificates unsolicited and uninvited. But our pride does not consist in producing such maniacal certificates as having effected a patch here and there, but it notes such ones as report the most uncommon diseases being cured by the A N PILLS. Among these certificates A. N. PILLS claim the blessing of having permanently cured those whose condition had grown dangerous, and who seemed to have fallen into the clutches of death the medicine claims to have spared innumerable patients, who, being crushed by the withering pain, were determined to commit suicide, it also appropriates to itself the credit of having restored potency to those who, having already lost it by some tricky use of the vital organs, were grieved and were prepared to meet their doom out of disappointment, the medicine further glories in its being a potent factor in the continuation of this creation, by giving vitality and life-energy to those who, somehow or



ejaculations and exclamations as to the wonderful efficacy of those pills. We repeat we are heartily sorry for this deep certified literature which is helplessly lost to our readers who will excuse our strict obedience to the rule about confidentials, though we have been enabled to quote some decent ones—of course a scant reading. Any more complimentary note about these pills maintaining paramountcy over all other medicinal preparations is a superfluous waste of our precious space.

In the year 1903, when the first edition of English KAM SHAstra breathed the air of this world and saw the light of the day, little did we imagine that we would be called upon to write prefatory remarks for the second edition within so short a time. Similarly at the time of sending the second edition to the press, we could never have foreseen so early an issue of the third edition and consequently less did we imagine we would be constrained to proem the third edition within an interval of about 3 months or so. This descriptive account of KAM SHAstra is not to be construed into a kind of our diffidence to supply the demand, but it is to be intended to give an idea of the shortage of interval within which edition after edition is exhausted and new publications are requisitioned. We are right



glad to mark this appreciation of the book however we cannot satisfy ourselves as to the future health of the country, unless and until we see this little brochure in the hands of every man breathing the air of this continent We are quite prepared for its supply

*Jamnagar*  
*4th September 1906*  
*The A N. Pharmacy*

} THE AUTHOR.



# THE ATANK NIGRAH PILLS

LEAD THE  
Tonics of the Day.

THESE PILLS

- (1) Remove digestive troubles,
- (2) Feed the nerves,
- (3) Renovate the memory,
- (4) Purify and enrich blood,
- (5) Increase strength,
- (6) Reinvigorate the vital powers,
- (7) Stop wet dreams,
- (8) Restore lost manhood

*Re 1 for a tin containing 32 pills*

VAIDYA SHASTRI  
 MANISHANKAR GOVINDJI,  
 ATANK NIGRAH PHARMACY,  
*Jamnagar-Kathuwar.*

## PREFACE TO THE SECOND EDITION.



It is with a deep sense of wonderment and pleasure that the author has to note his present departure from the long-established practice of most of the authors, or from the prefatory etiquette as some believe it to be, of adding a hopeful remark in his new publication, that he will think his aim and object achieved, if the publication of his book will in any way impress upon its readers its usefulness and advantages as imported in the book. Of course, the divergence is, on the face of itself, wonderful and surprising but none the less pleasant to the author himself and all others concerned in the future of the country, when the remark answers in practice the realization of all the hopes entertained and all the results aimed at. Therefore it is, that KAM SHASTRĀ, being a glorious success having rendered its readers fortunate and happy even by a cursory perusal, needs no such remark.

It is KAM SHASTRĀ which has been certified to as having spared the lives of those who diaggd on a very miserable existence brought on by over-indulgence and self-pollution. It is KAM SHASTRĀ

which spread broadcast hope and happiness where there were despair and misery staring in the face. It is KAM SHASIRA which liberated the blooming youth of the country from the fatal clutches of onanism and masturbation. It is KAM SHASIRA which has infused bloom into the scholastic and collegiate life of many a pale and sickly student. It is KAM SHASIRA that has earned the reputation of rendering the country more healthy and vigorous where there were morbid paleness & insanitation especially among the student-world. It is KAM SHASIRA that has so marvellously influenced the minds of its readers that we have had an opportunity of recording many of them as being prey to the evil practice on the day preceding that on which they received the book and gave up the habit. Thus, it is, that all the hopes entertained and all the results aimed at by the author are realized, nay, more than realized, and that fact alone, if nothing else, necessitates our departure from the above prefatory etiquette, assuring the reader at the same time that his efforts in the book have been crowned with success unparalleled in the history of successful books.

If the enormous increase in the demand of a book gauges its success, then the author is em-

boldened to remark that there are exceptionally few books that might have scored so many editions, in so many languages, with so many copies of editions, as KAM SHASTRA has, within so short a time at the author's disposal. Here, too, it is obvious, the KAM SHASTRA stands topmost of other books. A separate table given elsewhere in this book will give an idea of its vital utility and increasing demand. It has undergone as many as 30\* publications in 6 languages—Gujrati, Marathi, Hindi, Bengali, English and Urdu thus making up a total of 3,07,000, or approximately three lacs, in round figures. Does not, the author dues question, the distribution of the book in such a round number justify its existence and bespeak its vital utility and beneficial influence?

To lay bare the perplexed and complex question of the manifold disadvantages with a clear idea of the dire consequences resulting from evil practice is certainly the work of KAM SHASTRA. It is also the work of KAM SHASTRA to explain the uses and functions of different limbs of the body with their baneful effects on the human physique by misuse and abuse thereof. It is, as well, within the pale

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\* Now 40 publications with a total of 5,17,000 copies

of the work of KAM SHASTRA to portray at length & vividly the various diseases of the urinary system with their visible symptoms. And, in short, to eradicate the evil practice, to hold out its venomous fangs for a public view with the object of setting a sound lesson, to place every possible diwhack upon the temptation of such a malpractice to king hold of one's mind and body and to strain every nerve to eradicate it from our continent is certainly the work of KAM SHASTRA, and hence it is named a Guide to Health, Wealth and Prosperity.

It has been frankly and openly acknowledged by hundreds, that many a wretched soul has been enabled to breathe on this earth by the timely help afforded by the perusal of the precious contents of the book. Many people have, in praise of the attempt of the author, certified without any hesitation that but for this book many would have gone to their untimely graves, and that those who were addicted to vicious habits of sensual gratification and those who were on the very verge of being cut off in the prime of youth on a count of their being entrapped into the snare of the destructive habit of self-pollution, have been freed from the fatal clutches of onanism and masturbation, and have been able to attain to the summit of happiness which well and

deeply impressed on their minds the necessity of shunning self-pollution—the cause of all weakness. It is this monstrous cruel habit which has taken in its dire grip the student—world. It is this malpractice that has rendered the school and college atmosphere unhealthy and hence contaminated the garden of bloom and brightness in its very prime of life. And with this noble aim of freeing the hopeful youth of the country from the clutches of this fatal practice, it is, that the KAM SHASITRA, published in various languages prevalent in India, is given away gratis ( even post free ) to the people

To expatiate here upon the merits of this little manual will be superfluous as the very roundness of the numbers of editions and copies used up will indicate. To extol its utility will be more than superfluous when the fact of its being a watchword with every reading Indian is noted. To quote certificates and extracts to represent the worldwide reputation of the book, is nothing but an unnecessary waste of the little space at our disposal with an undue imroad on the indulgent attention of our worthy reader.

It is of course needless to point out that so immensely vast and unfathomable a science as KAM

SHAstra or sexual science is impossible of a perfect treatment within the space of a booklet. It is impossible, as well, that the elementary principles of such a deep and inscrutable science can be fully developed and made comprehensible to the readers only through half a dozen score pages. We have to assert that it will take many a part to inculcate only rudimentary principles. The second part of this book is ready for print but we cannot allow it to see the light of the day unless and until we find the first part in the hands of every reader, being fully acted upon and relieving us of our anxious responsibility of awakening the eyes of every living being to the enormity of the contagion spreading in this country. But, where the practice has grown into a habit and where the baneful consequences are visible, all the instructions, blissful hints and suggestions KAM SHAstra is capable of rendering, fail totally unless it is seated to medicate unimpairedly with preparations based on experience of Ayurvedic principles with a view to opening all doors for development of a total cure of the patient. The author having seen a crying necessity for such preparations, has established a pharmacy named ATANK NIGRAH PHARMACY, where all preparations are strictly in accordance with Ayurvedic principles. The ATANK NIGRAH

PILLS—the grandest and most substantial preparation of this Pharmacy—come topmost of all the medicines in this Pharmacy and elsewhere, in importance, efficacy and power of restoring health. These ATANK NIGRAH PILLS have built up a name and fame for themselves by freeing persons beyond number from the venomous clutches of the monstrous vice of self-abuse and its due consequence

This Pharmacy boasts of another preparation, MANI OIL, which is for external use only, and in strength and importance next to the A N PILLS

This sweet-scented oil nourishes the body, cools the head and over-exhausted brain, suits toilet, infuses strength, softens and brightens the hair, prevents the total falling off of the hair, fortifies the body against any infection or contagion, and in short even regains the lost manhood



## PREFACE TO THE FIRST EDITION

At first there was a doubt in my mind as to whether the contents of this small but useful bro-



chure should at all be produced before the public. This was quite natural, inasmuch as there is a great difference of opinion on the subject. Some say that it only betrays bad taste, others again condemn the writer as deserving of blame and of low culture. Some, on the other hand express an opinion just the reverse and say that to refrain out of mere consideration for taste from reclaiming as much as one can, the society from the corruption in which it is generally found is indeed sinful. Be that as it may, I may as well be set down as a man of vitiated taste and be liable to censure, if, indeed I fail to record reasons that go in favor of my own opinion.

Principally, the evils of sensual gratification have been described in this book. Many labour under the impression that the more carefully these subjects are kept concealed, the better, but, then, like fire under the ashes, this careful secrecy will only serve to bring about the utter destruction of the society, infected as it generally is, with the vices these subjects deal with. Much benefit may therefore accrue from the portraying of the true picture before the eyes, and it is absolutely necessary to remove the ignorance that exists widely in respect of these subjects. Books containing in

structions regarding the proper use of the amative instinct are to be found in almost all civilized countries, but it will not be too much to say that there is a very great scarcity of such literature in India. When the practice of imparting instructions on the sexual relations obtains in all civilized countries, a similar effort in the same direction in this country cannot very well be condemned as bad taste. The question of the desirability or undesirability of dealing with these subjects has been discussed at length in my book in Bengali, called "Vijya Vikar and Purushatwa Hanir\*" (Seminal diseases and impotency), I can do nothing better than quote here a few salient points from that book.

"The subject claims our attention for several reasons, more particularly the following —(1) The extreme frequency of the complaint, (2) the moral and physical dejection which it causes, (3) the too common indifference with which it has been met by the medical profession, and (4) lastly, the comparative facility of cure when proper remedies are administered and a judicious line of conduct fairly persevered in."

The easy accomplishment of an object greatly depends on the variations of time, place and the

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\* The book is now out of print

habits of the parties concerned. It is the generally accepted opinion in this country that to appear before the public as the author of a certain book is little short of sheer mockery. People have not the money to purchase it nor have they the inclination to read it. The desire for perusing useful and instructive books written in vigorous language has, at the present time, totally disappeared. Men would rather spend money and lose time in reading books of light romance &c., but books full of knowledge, either metaphysical scriptural or philo-sophical and such other books of a serious nature, appear to them to be like poison. Thus we may safely say that the reading of useful books by purchasing them with money has altogether gone out of fashion. Again, if a book is priced low, a belief arises that there is nothing worth-while in it. Indeed there are many, we have seen, who hold such an opinion. Sometimes, books containing very good subjects are sold at very small prices, and on the other hand, books containing ordinary common place subjects are calculated to be precious. Considering all these things I have come to the conclusion, not to fix any price for this book. There is also another consideration. It is my belief and impression that the more the subject dealt with in this book is given publicity,

the greater will be the benefit derived from it. I have, therefore, decided to give this book gratis and even post free

In compiling this treatise I have depended much upon the *Ayurveda*, the Aryan Codes of Law, the foreign medical books and my own experience. I have had many opportunities for earning much experience of the subject under review, as, for the last 25 years I have been practising the medical art, and have thus gained great proficiency in the subject handled in this book so much so that bestowing my special attention on it, I have almost mastered all its details. From experience thus acquired, I can emphatically assert that many a person has been, will be, and is being, ruined in consequence of his ignorance of the subject embodied in this book. There is a very great probability that the reader would derive immense benefit by a thorough exposition of the subject introduced in this pamphlet. Young men will then learn to guard themselves while walking on the thorny ways of youth; the rake will come to feel the value of mental and bodily health and know the baneful effects of the violation of Nature's laws, the immoralist will perceive fully the happiness and safety of pursuing a moral course of life, the eyes of the unmarried will be opened to the evils of prostitution, the married people, seeing the consequences of the excessive indulgence of the amative propensity, will be more careful to avoid it and lastly, everybody will be convinced of the fact, that consequent on the repeated and immoderate gratification of the carnal desires, broken health, loss of strength, exhaustion of

vitality, mental lassitude, and numerous other ailments set in. Every reader will understand that by the true observance of the sexual regulations and the laws of Nature, by purity in amative dealings and by freedom from all mental alluements, may be gained longevity, an increase of mental and physical powers and a sure and complete course of happiness. they will also come to know that the impurity of the desires, the violation of the natural and physiologicil laws and the unrestrained gratification of the sexual instinct lead but to evil consequences —loss of life supervenes, both the mind and the body are debilitated, and men being degraded sink into the lowest depths of de-pendency and are finally drowned into an unfathomable sea of misery and distress

In conclusion, I would note that books of this nature may possibly be set down as obscene but it is indeed a relief to me to announce that it has passed unscathed is a reliable and honest production through the complex machinery of law in the Calcutta Police Court. The ordeal has been over.

I shall consider all my labour requited, if by this distribution of mine, I can open the eyes of even a single mis-guided wanton.

VAIDYA SHASTRI,  
MANISHANKAR GOVINDJI,  
*Atank Nigrah Pharmacy,*  
JAMNAGAR,





## THE KAM SHASTRA

Has been translated and printed in several languages. Below is a list showing the number of copies printed in the various editions in the different languages. It will be seen how great a want there was for a useful book like this

### Gujarati

1st Edition . . . . .	20,000
2nd     ,     .     .	30,000
3rd     ,,     .	10,000
4th     ,,     .     .	10,000
5th     ,,	10,000
6th     ,,	10,000
Total	<u>90,000</u>

### Marathi

1st Edition . . . . .	2,000
2nd     ,,     .     .     ..     .	10,000
3rd     ,,     ..     .     ..     ..	5,000
4th     ,,     ..     .     .	10,000
5th     ,,     ...     ...     .     .     ...     ..     ..	10,000
6th     ,,     ...     ...     ...     .     ...     ..	10,000
7th     ,,     ...     ...     ...     ...     ...     ...     ...	10,000

# The Yam-Shastra



**T**HE duration of your life has been diminished ' Your health has been ruined ' 'Your intellectual faculties have disappeared ' Your strength has given way ' Your courage, your vigour, your manliness, all have abandoned you for good ! Oh ! how dreadful is your condition ! Have you ever thought of it ? Can you realise the magnitude of the dire misdeed of yours, in consequence of which you have lost these invaluable possessions ? What is that sinful act of yours, as an inevitable result of which you have become so entirely destitute ? What is that transgression of yours, for which you have been thus incapacitated ? What is that inveterate enemy of yours, which has snatched away from you your Godsent treasures ? Have you been able to understand the nature of that poisonous axe that has worked its way to the very root of the tree of your life ? Are you aware what a tremendous stroke of lightning has reduced to ashes the all-giving, wish-yield-

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The Atank Nigrihi Pill is the incarnation of the Goddess of Health



ing *Kalpataru* of your life? Do you perceive what palpable darkness has divided you from your intimate friends—Longevity, Healthiness, Intelligence, Strength, Manliness and Courage? Do you know to what far-off foreign clime, these have departed for good and all, forsaking India—then mother-land? Are you aware of the reason why? O dear reader! that misdeed of yours, that transgression, that implacable foe, that poisonous axe, that thunderbolt, that darkness is nothing else but your own ignorance. This ignorance of yours is again in respect of no other thing than your amorous propensities! Your own ignorance of the laws of the amative action is the root of all your miseries!

It is a pity that at the present day there should exist so much ignorance among the generality of people, who shudder at anything said on the subject of amateness or sexual relation. Men of light and learning, no less than the ignorant and the illiterate take it in a distorted sense. It is no wonder, therefore, that no body at the present time ever comes forward to make himself the butt of public ridicule by essays and disquisitions on the erotic science. It is no wonder, as well, that the study and cultivation

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The Atank Nigrah Pill is the merring weapon of the medical profession

of the sexual science are no longer fostered in this country. Thus in consequence of the absence of study and cultivation of the sexual science as it is more generally called, the people of this country are simply groping for real happiness in endless ignorance in this respect, which seems to be deep-rooted and unavoidable. Thus opportunities are daily lost for the removal of that ignorance, drifting as they do, on the tide of superstition and false notions of chastity, because we see with our eyes broad open that the people of modern times do not understand the rules of law and custom, the principles of the sexual and erotic sciences and the truths of such other highly important sciences—all this is but a natural and unavoidable result of the inattention towards this subject. Really those, who consider the “KAM SHASIRA” or the sexual science to be deserving only of the attention of the unmannerly wantons, are highly mistaken. They do not, in fact, exercise their judgment properly, though they are intelligent enough to do so. The faculty of reason is the *differentia* between men and the lower animals. Eating, sleeping, fearing and coupling—these are acts that are performed by men as well as by beasts, but it is *reason* that is the special attribute of man. Those

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The Atank Nigrah Pill is the mistress of tomes

who abuse or ignore the importance of this faculty of *reason* may be said to behave like beasts. With these, therefore, the dignified and noble KAM SHA-  
STRA or the sexual science could have no manner of connection. Those again, who think that there really exists any such connection, are either bold fools or their sense is pitifully perverted. It will be seen on a little consideration that "The KAM SHA-  
STRA" has nothing whatever to do with the wicked and the licentious, addicted to prostitution. The oldest seers and sages of this country, numerous personages of other lands, and the members of the medical profes-  
sion of this and foreign countries, having fully and clearly perceived the preliminaries of the downfall of the human race, attributed the cause thereof to nothing else than to the abuse of the amative pro-  
pensity. They therefore chose boldly and fearlessly to thoroughly discuss this highly important subject in their times without reservation. To speak the truth, this science cannot be and is not for the low and the degraded. It is, on the other hand, for those youths and maids who have received a liberal educa-  
tion and whose minds are sufficiently cultured. How will the two receive it—the vile debauchee and the man of education and culture? It is worth while to

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The Atank Nigrahi Pill is the fountain source of vitality

mark the difference. The one will, by the perusal of a book on this subject, find himself overwhelmed at the thought, presented therein, of the baneful consequences of his own misdeeds; while the other will, by its light, see means to preserve and improve the way to true and permanent happiness—the noble goal of the being.

Is it not the desire of every man that his physique may be hale and handsome, bright and beautiful? Every body can be in a position to consummate this desire if he is, cognisant of the laws of Nature and leads his life in conformity with these Laws. The more the laws of Nature are transgressed, the more are we liable to suffer punishment from Nature, inasmuch as the body is made amenable to the influence of diseases. In consequence of the transgressions of the Natural Laws, the system becomes the hot-bed of diseases. The Laws of Nature again are unlimited and countless. To discuss them all is not within the scope of this pamphlet; but we proceed to discuss those which are very general.

As soon as a person arrives at the age of 17 or 18, the fecundating power manifests itself in his semen. This age may be called the beginning of youth.

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The Atank Nigrah Pill is the all-retaining ocean of memory.

On the advent of youth, all the organs are invigorated and their functions stimulated, specially the desire for enjoying the gifts of Venus gets highly incited. If at that time the youths cannot consummate their rising desire by the natural union of the sexes, they ejaculate their seminal fluid by such unnatural means as onanism, sodomy, &c.

The structure and organization of the human frame is a very complex one, and it is for this reason that the body of man very easily falls a prey to the diverse diseases that flesh is heir to. It becomes the abode of fear, and is attacked with fearful diseases at very slight deviations. The human frame has several limbs and parts, any of which may get deranged very easily even at the instance of a very slight abuse. But if there is any part more likely to get deranged, that part is surely the reproductive part. Most people do not know the proper and judicious use of the reproductive organ. It is, no doubt, their ignorance or the effects of evil company, that in endeavouring to control its excitability by various improper measures, they betake themselves to such unnatural means as onanism, opening in this manner the way to the diminution of their strength and

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The Atank Nigrah Pill is the spell of returning youth,

vigor. Young men of almost all countries become slaves to this destructive and fearfully vicious habit. Of all the evil practices obtaining on the face of the earth, this is perhaps the vilest and the most abominable. It deserves to be classed as the most heinous vice of all the existing vices ! Cheating, causing the ruin of others by swindling, murdering, running headlong on the road to ruin by excessive indulgence in wines and other intoxicants, gambling, and such other most heinous crimes—that are so many enemies of the human society, the most painful and ruinous consequences of all these vices taken together are a hundred times shorter and lesser in magnitude and gravity than the consequences of the gratification of the sexual instinct by “Manual solicitations” or such other unnatural means. The poisonous fruits of this unnatural practice are a thousand times more diresome and destructive than even the effects of hundreds of other obstinate and incurable diseases combined together. This abominable habit is widely spreading its rule amongst young men of all nations in lightning-speed. It is, indeed, pleasurable at the outset, but when once its strong poison effects its entrance into the system, it can never be eliminated by all the incantations and charms of medicine and

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The Atank Nigrah Pill is the only boon to the afflicted.

medical treatment and millions of such other measures.

When a youth becomes addicted to this dreadfully debasing habit, his ruddy blooming cheeks turn pale and pallid within a very short time, his body is robbed of its vigor; his digestive powers are weakened, and all the beauty of his body and cheerfulness of his life are completely shattered. There remains in him no love for life! He suffers from the diseases of the urinary system, his urinal discharges increase in quantity, constipation sets in; there is either a lack of desire for food, or even if there be the desire, it seems that it cannot be satisfied by any amount of eating; the appetite becomes morbid, pain is felt in the stomach and the neighbouring parts; there are gripes in the abdominal cavity, the gums begin to ulcerate, caries of the teeth appears, the hair on the head becomes ripe and is turned either white or grey in colour, the body grows pale through want of blood, the eyes sink into their sockets, want of vivacity and dejection of spirits are reflected everywhere on the countenance, the elegance and brightness of the person are driven off; rheumatic pain attacks the joints of the body, the arms and the legs become enfeebled, there is no

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The Atank Nigrah Pill removes nervous weakness

willingness to walk or even to move; and the sensibility of the limbs, large and small, is greatly diminished. These and numerous other mental and physical disorders then make the existence of the self polluter completely miserable. When once he becomes the victim of this fearful habit, the unfortunate young man cannot, in spite of his most strenuous endeavours, save himself from its clutches. He may struggle to give up this vicious practice for a while, but he cannot altogether redeem himself from its influence; a few days later or a few months after he is sure to indulge again in this vicious act. Alas! the young man unfortunate and helpless, reaping the fruits of his own misdeeds, cannot keep his judgment steady, and his intellectual faculties as vigorous as before. They gradually forsake him and soon totally disappear; the lustre and keenness of vision of his eyes become diminished; his power of hearing is affected—in fact, the youth is so transformed as to be set down as quite an old man. All the senses and the organs of the body, being in an enfeebled state, become entirely hollow, as if their existence has been totally wiped off. His voice no longer remains the voice of a grown-up man; like a worm-

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The Atank Nigrah Pill is the inexhaustible treasure of strength.



eaten bamboo, his body and its internal machinery become completely destitute of their inner strength, his appearance is turned lack-lustre and ill-looking like the face of a crying baby. Thus constantly entangled in the meshes of misery, the young man ever brooding over the gloomy future of his unhappy life, becomes extremely rough in his manners, peevish in his disposition, and is disaffected with everything that comes in his way. All the hopes and ambitions of his life are altogether blasted, and at last his mind and body are both rendered totally incapacitated and unable to discharge their proper functions. Gradually the understanding becomes inert and the sufferer in the end is stricken with insanity. In some instances, he goes still further, and out of sheer despondency commits suicide. The physical development and growth of the man, who falls into the hands of this vicious habit, are stunted, he is prematurely turned old, and debility overtakes him at every step. The want of strength in all the limbs to discharge their respective functions, epilepsy, insanity, paralysis, tetanus, these and various other fearful diseases are the inevitable and baneful consequences of this abominable habit.

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\*The Atank Nigrah Pill imparts strength to the debilitated constitution

The laxity of the ligaments, perception of dark shadows before the eye, weakness of vision, falling of the hair off the head, pain in the head and sick head-ache, want of courage, lack of strength to remain standing or sitting for a length of time, disinclination to leave the bed in the morning, and a feeling of disgust at any sort of mental and physical labor—all these are the signs that indicate the addiction to this evil practice. The extremities of the hands of a person, initiated in this disgraceful habit, are generally extraordinarily cold; and from excessive coldness of the tips, it is to be understood that there has been a considerable waste of the seminal liquor.

Evil association is the teacher of this shameful habit. Not unfrequently do mean-minded and wicked servants bring about the ruin of helpless boys of tender understanding, who cannot distinguish good from evil. Nobody explains to them how dire some the consequences of this pernicious practice are; no one opens their eyes in that direction, and in consequence they are, day by day, engulfed in this vicious habit, without any let or hindrance. By reading improper romances, by partaking in in-

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The Atank Nigral Pill eradicates all diseases of urinary organs.

decent conversations, and by seeing birds and beasts in the act of coition, they become such slaves to this habit day by day, that at last they cannot in any way control their desire to be engaged in it. To-day you find the intellectual faculties of the boy well-polished and keen, his memory sharp and his appearance elegant and beautiful, but a few days later you will see his intelligence gone, his memory weakened and his elegance vanished. Then, before you attribute these changes to some other cause except the true one, you should, by diligent inquiry, try to find out whether the boy has learnt onanism or not.

Oh ! how many persons gifted with genius by Nature and created to adorn humanity, having fallen victims to this disgraceful habit in their boyhood, and in consequence destroying the healthiness of their wonderful physical machinery—the primary source of all earthly happiness so graciously vouchsafed by a merciful Providence—are ever afterwards eaten to the very core of their hearts by the worm of remorse and repentance ! Onanism renders the body and mind of man completely debilitated and incapable of discharging any of their proper func-

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The Atank Nigrali Pill is a marvellous specific for removing diseases originating in seminal discharge.

tions. For this reason, the sexual instinct of a person addicted to this mal-practice, is never fully gratified owing to his having effected the discharge of the *liquor seminis* in violation of the laws proclaimed by Nature. Thus when the inclination for satiating again and again the unsatiated sexual desire gets a firm and full hold upon the victim, it becomes strong day by day, and at last the man is dragged into the lowest depth of degradation by indulging in the shameful act, over and over again

If this greatest of crimes be practised from the commencement of the age of puberty, the mental and physical injuries resulting therefrom become proportionately grave and numerous, for, in such tender age the seminal fluid is neither accumulated nor manufactured in sufficiently large quantities; and consequently, does not in many cases come out at all. If at that time attempts are made to draw it out by unnatural means, a heavy shock is imparted to the entire system. The strength of the body, totally disappears in consequence of the practice of this nefarious act. and the tissues of the generative organ having become flaccid, its erectile powers are completely lost.

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The Atank Nigrah Pill stands pre eminent among invigorating medicines.

In consequence of the flaccidity of the generative part, brought about by the unnatural waste of the seminal fluid, the organ so diseased cannot retain the semen, when, with the maturity of age, it is secreted in larger quantities. For this reason emissions occur without any excitement or erection of that part. In this state, the semen becomes very thin, even like water. If this ruinous practice is engaged in before or just after the semen begins to be secreted, the result afterwards is, that involuntary emissions take place and the seminal fluid passes out with urine and with efforts of straining at stools. It is true, that when newly indulged in, a certain amount of exquisite pleasure and excitement is felt in this illicit act at the time of the exit of the seminal fluid, but when this practice is continued for a length of time, no joy whatever is obtained from it, and the enfeeblement of the organ of generation becomes visible. It gradually becomes atrophied and shivelled, and thus grows incapable of producing any pleasurable sensation even in the natural sexual congress. Although this heinous practice does not effect the instantaneous ruin of men, yet it does so slowly by opening the way for the

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The Atank Nigali Pill is indispensable to those who pant for unfading memory

ingress of other dreadful diseases into the system ; and although it does not rob the vital forces of a man visibly, yet it goes on endeavouring to bring about his destruction in a covert and underhand manner

This abominable habit effects the ruin of young women just as it effects the ruin of young men. By falling into this vice, many a lovely, beautiful and elegant woman completely drives away her beauty—the source of her pride. Through the indulgence in this evil practice, a white thin substance flows out from the female genital fissure, and copious menstrual discharge irregularly passes with pain. These disorders may also result from other causes, but the principal cause seems to be the irritation of the private parts by “Manual solicitations.” Sometimes this vice is seen to be transmitted through successive generations, and the diseases, that invade the system in consequence of this nefarious act, are generally far more complicated and painful in their nature than other ordinary disorders. The reason appears to be that the diseases born of this evil practice are calculated even to mar the very fortunes of the sufferers.

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The Atank Nigrah Pill is the only specific for curing physical, intellectual and nervous debility

Those, who have fallen victims to this evil habit, had they known how baneful its consequences are, would then have never indulged in it. It, therefore, seems reasonable that youths and maids should be warned against the after-effects of this vice, beforehand, for then, they will be in a position to overcome the temptation of indulging in it, and learn to avoid its influence altogether. To save young men and women from the clutches of this vice, they should be specially warned, unhesitatingly taught and the eyes of every boy and girl should be opened to the baneful effects of this nefarious act.

Some persons may urge that there is a greater possibility of deriving more evil than good from such instructions. If boys and girls did not know before what self-pollution was, they will learn it as a result of such lessons, and out of mere curiosity if not anything else, will taste its pleasures at least once, and in this way the evil tendency that was sought to be checked, would indirectly be helped and furthered. Arguing in this manner, many parents do not like to warn their children on this subject. But it is scarcely reasonable, nay prudent, for

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\*The Atank Nigrah Pill renders the body completely hale and sound

parents and guardians, to be quite regardless in this respect, and should quickly think that their children are unaware of this vicious habit. If children ruin their health by being engaged in this nefarious act, the parents will have to see them suffer the most painful consequences. As the result of our numerous investigations and with the help of our varied experience in the subject, we are, in a position to assert that this bad habit is widely spread amongst boys of all countries, if therefore, the dreadful picture of its after-effects is held up before their eyes, it is more than probable that their unthinking minds will be checked in this matter, against resorting for a mere transitory pleasure to an act that must necessarily pollute their entire system, the main source of all their future happiness. It is but natural that a person, who is previously warned against the poisonous effects that must appear in the end, however sweet in the beginning, will scarcely be prepared to give up all hopes of his future happiness for having a little pleasure in the present.

When advice and instruction fail to prevent boys and girls from practising this bad habit, other means should be employed to arrest the wicked practice.

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The Atank Nigrah Pill is prepared from pure drugs and plants, &c



It is the duty of parents under such circumstances to restrain them from this evil propensity, by the application of the cauterly or blisters on the private parts or by such other stringent measures. Cautions against the habit should be given in the very beginning of youth. It is imperatively necessary that they should be informed of the injuries that would possibly result from the abuse of the generative organ. But it would be a shameful assertion, though very true, that boys and guls of the present day learn this vice in the company of evil friends, long before approaching the age of puberty. Parents should, therefore, keep a strict vigilance upon their children, and as soon as they suspect the marks of the attack of this habit described at various places of this pamphlet, they should at once give them sound advice and good instructions in the matter.

If at the commencement of pubescence, the seminal fluid is not wasted through the abuse of the reproductive part, it naturally accumulates in the body and influencing as it does the development of the entire system, infuses strength and vigour into it. Many a people labour under the impression, that excesses in sexual union of a married couple

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Would you know what the only remedy for curing seminal diseases and loss of manhood is? It is the Atank Nigrah Pill

do not impair the health, but that it is only the violation of the Laws of Nature in the enjoyment of the sexual pleasures, that brings about such painful results. This is undoubtedly a great mistake. The effects of the abuse or excessive use of the generative organs are almost the same. Sexual pleasures indulged in to excess are as baneful in their consequences as the drawing of spermatic fluid in an unnatural way. The violation of the law under any form whatever is sure to be visited with punishment. This is an established rule with all modes of Government that man has brought into existence, and in the Government of Nature there is no exception to this rule. The results of immoderate sexual indulgence, therefore, in a married or unmarried state are almost equal in magnitude. Like clarified butter before a burning fire, the physical strength of a man melts away by the mere thought of women. And it is indeed beyond the power of the pen to describe how vastly the system will be weakened by constant intercourse with them.

The violation of the physiological laws is, indeed, an invitation to death. The child, born of a father suffering from debility in consequence of

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The Atank Nigrah Pill is a blessing equally to men and women who are incapable of enjoying the pleasures of life

amative excesses, becomes generally very weak and succumbs to death in its very infancy. The reason seems to be, that the vital force, which being present in the body sustains life for a length of time, is completely wrecked by the foolish impudence of the father in vainly trying to gratify his morbid desire for sexual pleasure. When examined with the microscope, hundreds of animalcules may be seen even in the small quantity of semen that may be collected on a needle's point. If then these spermatozoa, that constitute the stamina of life, are so recklessly destroyed by indulgence in his evil habits, can we believe that the foolish spendthrift will care for his health? He goes on unthinkingly with his practice and loses every time so much vital force that would otherwise have supported his health. But the loss of vital force is no question with him — much less the loss of health. Now it is calculated that one drop of the seminal fluid is equal to 40 drops of blood, consequently, if the semen, is wasted prematurely through evil habits or evil ways of life, forty times its quantity of blood is drained out of the human body. Think only for a moment of the whole amount of blood lost at this rate, when

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The Atank Nigrali Pill is the foremost remedy for removing debility consequent on onanism



seminal fluid at the time of passing urine, during dreams, or when conversing with the fair sex. Such losses of the seminal fluid constitute the disease known as *Spermatorrhœa*. The first and foremost cause of *Spermatorrhœa* is unnatural enjoyment or self-pollution. The second cause is sexual excess, and the third is the prosecution of studies with hard labour. These are the principal causes, over and above which there are many other causes. The inordinate drain of the seminal fluid is followed by loss of manhood and impotency. There may not be complete impotency, but during unions the ejaculation of the semen takes place without sufficient pleasurable sensation, or otherwise there is a feeling of disgust during the sexual congress. If the spermatic matter is wasted by unnatural means for a length of time, all the fecundating powers of the seed are completely destroyed. Excessive addiction to the amative action does not only injure the abuser, but also effects the ruin of the children begot of him, whose mental and physical powers become generally insufficient. We have no right to ruin others in this way by our own recklessness, and we are not in the least justified in doing so. Conse-

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Where true strength and manhood are to be imported, the *Atank Nigrah Pill* is greatly efficacious.

quently, those who give birth to weak and unhealthy children through their own fault, may be said to perpetrate sin both against God and man. Every child has a right to be stout and strong. And how great a source of joy it would have been, had its father and mother known the rules that would, if properly observed, produce strong and healthy children.

It is, indeed, a matter of regret that men are generally careless in respect of those things of which they ought specially to be highly careful. Many persons pay all their attention to the proper manner of breeding healthy off-spring of birds and beasts. They even read books and gather careful information from different sources on the subject. But how strange it is that they never once think how their own children can be made strong and healthy. It is a well-known fact that when the tree is luxuriantly well-grown, the fruits it bears become particularly tasteful and good. So it is equally true that if the parents are healthy and free from diseases, the children that they bring forth are as a rule healthy and free from diseases. The qualities good and bad of the parents are implanted and slowly developed

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Let no person suffering from debility born of whatsoever cause forget to seek refuge with the Atank Nigrah Pill.

in their offspring. If the parents are healthy and stout, if they are high-minded and cultured, their children generally turn out to be strong and healthy, high-minded and cultured. The particular conditions of the mind and body under which sexual commerce takes place result in successful impregnation, and those physical and mental conditions manifest themselves in the child, that is born of such sexual embrace.

It has been enjoined in some part of the Code of Manu that during the monthly menstrual period a woman should not approach her husband. He further rules that she should not sleep during daytime, or apply collyrium to the eyes, she should not weep too much or bathe or immerse her body in water, she should not even pare her nails, laugh loudly or converse in an excited tone, she should not hear deep and dreadful sounds; she should not dig the earth with the toes of her feet, she should not expose herself to draughts of wind, nor undergo any excessive labour. Now the rationale of these injunctions given by Manu has been fully and sufficiently discussed in books of the Hindu systems of medicine. If conception takes place through sexual union with the husband, following the period of the

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The Atank Nigrah Pill gives potency to the impotent.

menses during which all or any of the above rules are infringed, you may expect the effects of such infringement to become visible in the child that is born. Some of the effects of this infringement are as follow —if the mother sleeps at day-time during the menstrual period, the child becomes sleepy; if she applies collyrium to her eyes, the child becomes blind, if she weeps, the vision of the child is impaired, if she bathes or takes immersions, the child becomes miserable and morose. if she pares her nails, the child's nails are injured, much talk makes the child talkative. Similarly much laughing makes the lips, the teeth the tongue and the palate of the child blackish or brown. Impression of the dreadful sound received during the period makes the child deaf; her digging the earth with the ends of her toes results in the child's being bald-headed while her exposure to the wind produces in the child insanity of the worst type. Similarly, if she labors excessively the child becomes ugly.

Having given you an idea of the results, an infringement of the rules set down by Mann for the guidance of the married couple would generally have led to, we now come to say something regard-

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Debility caused by seminal emissions is driven away by the use of the Atank Nigrah Pill,



ing the terrible results of the union during the period of menstruation. As a piece of wood thrown into an overflowing river cannot drift against the current, we see that the sexual embrace during the menses, when the catamenial discharges are extruded, has no sufficient force to propel the sperm of man towards the uterus, overcoming the opposing force of the menstrual evacuation. If however, through some means or other, an impregnation is effected, the baneful consequences are soon apparent, which we here shall take leave to describe. Conception, that takes place from union on the first day of the term, produces a foetus that dies at the time of parturition, the second day's intercourse engenders a child that breathes its last before leaving the lying-in-room, and the child, that is born through union on the third day, often becomes disabled and short-lived. On the other hand when sexual embrace is indulged in after the lapse of these three days, the child generated by such an embrace generally becomes strong, healthy, and well-formed. But then, no one should infer from this that children born of such intercourse will be strong and healthy, even if the parents be not strong and free from diseases.

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The Atank Nigrah Pill wipes away the weakness of the amative parts,

The diseases, that are developed in the system of the mother during her period of gestation, are also manifested in the system of the child. For this reason, from the very first day of conception the woman should remain quiet and neat and clean. During the period of pregnancy, she should wear clean garments; she should not even touch ugly, bad-looking, and deformed persons or things; she should not smell stinking odours, or hear such words as are calculated to excite fear in the mind; she should not see or even think of such things or subjects, the sight or thought of which may possibly produce fear. She should not eat acid, alkaline, cold, putrid or acid substances, or often go out or move about from one place to another. She should not completely give way to grief when there is occasion for it nor should she speak in a loud voice or do any such act as may injure the fœtus in the womb.

A too high bed for an *enfeebled* woman is not conducive to her good but it is well to have a large one for her. The bed should be neat and tidy, and it is necessary to have the sheets white and washed. A pregnant woman should not eat such curries or food as are highly spiced or difficult of digestion.

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The Atank Nigrah Pill may be used in any season, Winter, Summer or Monsoon

She should eat light, palatable, and wholesome food, she should not climb upon high places, walk fast, cross rivers, quarrel with others, stretch herself and eat pungent, hot or acid food difficult to digest. Sleeping during the day, night-keeping, sitting on her knees &c., should altogether be avoided by a pregnant woman long before the birth of the child.

The mental and physical conditions, or the qualities good or bad that predominate in the parents during the generative act from which conception results, are manifested in a prominent degree in the child born of such conception. But as soon as the foetus makes its appearance in the womb, the influence good or bad of the father ceases to affect it directly, only that of the mother revealing itself on it. If a woman in the family way eats food that is heavy and difficult of digestion, her child suffers from goitre or scrofulous diseases. If a pregnant woman forms the habit of sitting in the same place for a long time, the constitution of her child becomes very weak, if during her gestation she takes improper medicines, the disposition of the child becomes rough and peevish. If a pregnant woman uses medicinal preparations of mercury, then protuberances and

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The Atank Nigrah/Pill removes the weakness arising from impure blood

knots are seen on the body of the child, or it is covered with sores and ulcers all over, if quinine is administered during pregnancy, then the child is affected with the diseases of the auditory system or its sense of hearing is deranged, and if the *enceiente* woman is addicted to the habit of opium-eating, then the respiratory organs of the child become weakened and it suffers from costiveness of the bowels.

Altogether the Laws of Nature are very wonderful, and although the foetus in the womb is completely safe-guarded by these natural laws, still it is the supreme duty with all women, to desist from intercourse with their husbands from the very beginning of the period of gestation. The law of abstaining from sexual union after impregnation, is observed even among savages and lower animals. But alas! among the civilized Indians, it is never appreciated—not to speak of its being observed! Nay, sometimes it is even violated! A pregnant woman should, in order to avoid the excitement of the amative desire, sleep in a separate bed. Sexual intercourse during gestation renders the child weak and ugly-looking. This is not all. Such violence is often seen to result in abortion and production of com-

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By the continued use of the Atank Nigrah Pill, the blood in the body increases

plicated diseases of the female reproductive element, the *encerente* day by day growing weak and debilitated. If there is no miscarriage, then it is sure that the child dies in its very infancy, and if through some cause or other it remains living, then in its mature years, it possesses, like its parents, no power of self control, or any restraint over its mind and inclinations.

Just as it is the duty of the parents to keep in view the physical development of the foetus in the womb, so also they should be careful to bring about its mental improvement. It is as a matter of course that many parents get children of ordinary intellectual capacities, but a very small number is fortunate enough to be blessed with children endowed with extraordinary abilities. A few hints are therefore given here as to the mode of living during pregnancy, that is calculated to procure children of extraordinary merit and intellectual calibre. The attempts that a mother makes for the mental improvement of the child during its foetal existence, are far more fruitful and beneficial than thousands of similar ones after the birth of the child. The fifth month of gestation is the best time recommend-

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\* If the digestive power becomes weak, the Atank Nigrah Pill strengthens it.

ed for endeavouring to improve the mental condition of the child in the womb For this reason from the fifth month, a mother should read such good books that would tend to raise her intellectual capabilities and standard. If the pregnant woman desires to be the mother of an orator, she should herself cultivate fluency of speech, if she wants to be the mother of a good painter she should see good pictures, discuss about them, and make efforts to paint them herself In this manner the mother should herself try to learn and cultivate those subjects in which she wishes her child to be proficient Two sons of the same mother will be quite different from each other as regards their intellectual powers, if in the case of one of them she tries in the above manner for his mental improvement, and in the other's case does not do so at all Thus it becomes evident that thoughts and the mental state of the mother during her period of pregnancy are remarkably impressed upon the child she bears within her

The effects of the fears and doubts that influence a pregnant woman during the period of her child-bearing, are also to a considerable extent manifested in the child To be the mother of a fearless,

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He that uses the Atank Nigrah Pills feels strength, vigour and power imperceptibly infused into his body

bold and courageous son, it is necessary for a pregnant woman, to be herself fearless, bold and courageous. If during the period of gestation the mother experiences great fear, then the child dies at the time of delivery or within two months of it, or even if it continues to live, through some chance or other, it remains foolish and idiotic to the end of its existence

If both the father and the mother are strong and healthy, then the child born of them also becomes strong and healthy, but if either of them be weak and sickly, the child also becomes weak and sickly, and if both be weak and sickly, there is very little chance of the child continuing to live, and even if it lives, it is incapacitated for life. Just as, when the parents are weak, the child becomes weak, so also, if they are sensual, the child also becomes of the same nature, if they are addicted to drinking, the child becomes a drunkard, and if they are of slovenly habits, the child also becomes slovenly. When the parents are diseased, the progeny also become diseased. As a proof of this assertion, we find that the children of blind parents become impaired and weak in sight, those of insane parents become insane and

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By the use of the Atank Nigali Pill weakness being removed, brightness and strength take its place

those of hysteric ones become hysteric. In short, the diseases of the parents become manifested in their children. But the pity is, that one is punished for the crimes of another, and that the punishments for the errors and sins of guilty parents are inflicted on their innocent and helpless children.

When men are in need of strong horses, dogs, and oxen, they endeavour with great care to obtain such animals. They try their utmost to unite stout horses with stout mares, strong oxen with strong heifers and healthy dogs with healthy bitches. But in their own case, they never try to know by what means they will be able to beget strong and healthy children. Parents of the sons and daughters of marriageable age should be specially careful in this respect. It is their duty to see that a healthy bridegroom is married to a healthy bride. Many persons may here raise the question, "Should then weak sons and daughters remain unmarried?" Our answer is, that if they are to be married at all, their physical condition should be improved by means of proper medical aid before they take any such step, and if either the bridegroom or the bride be weak, they should never be united by marriage under any cir-

The Atank Nigrah Pill renders the body completely hale and sound



circumstances Of course, we do very well realize the difficulty of putting into action what we have described with the help of the pen The present constitution of the society, and its rules and customs are completely against any such innovation As long, therefore, as the people of this country are not taking into their serious consideration the future of the children born of marriages contracted between weak parties, as long as they are not feeling aggrieved for their (children's) misery, so long there is no hope of securing any success in this direction

Those who gave currency to the proverb 'That the child is the image of its parents' must, at the time of so doing, have had before their eyes the mental and physical conditions of the father and the mother But not only are the good and bad qualities of the parents reflected in the child, but also those of previous generations are revealed in the subsequent ones of the same line The good or bad qualities of the males of previous generations are manifested in the male issue of the subsequent ones and those of the females of former generations are visible in the female issue of the later ones If the parents are vicious and slovenly, the children also become

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The Atank Nigrahi Pill has monopolized the power of removing any sort of mental and bodily exhaustion

vicious and slovenly Men and women of debasing habits become parents of children of similar nature

Considered from a matter-of-fact point of view, the entire happiness of human existence is in a manner, completely dependent on the relation formed in marriage A proper connubial union is the fountain of all earthly happiness, and the children born of such union become so many sources of joy to their parents On the other hand, the children that are begotten of ill-assorted marriages, only add to the burden of their parents' misery instead of giving them any joy or relief Neither of the parents possesses any reproductive power when his or her age is too young, consequently, if by some means or other, impregnation takes place at such a period, there remains no vestige of strength in the child born of it, and consequently it becomes very short-lived

There have been instances where girls of 10 years of age have become mothers But the wombs of these very young girls are naturally extremely small and narrow and so it is rank impudence even to think that such girls can be delivered of healthy and well-formed children The children of parents of immature age gradually become weak and short-

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The Atank Nigrah Pill is the sole remedy for restoring vitality

lived Not only this, but in consequence of irregular impregnation before the season fixed by Nature, the physical constitution of the mother, grows weak and slackened and her health being thus impaired, her vitality also diminishes considerably

Fully discussing the things mentioned above and keeping specially in view their consequences, the makers of the Codes of Law and the Sciences of Medicines, have laid down this rule about marriage that males of 25 years of age, and females of 12 (i.e. a little before the appearance of the first menstrual phenomenon) should be united in bonds of marriage. The reproductive powers of both the males and the females, are first developed only at this period of their respective age. This procreative capability continues in woman upto her 50th year and in man a few years later. If conception takes place immediately after the development of the reproductive functions, the children so born do not become sufficiently strong and healthy, but if it takes place a few years after, the progeny become strong and stout. From a review of the ages and the modes of marrying at present obtaining in our society, it will at once be observed that mostly men and women are

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The Atank Nigrah Pill stands unrivalled in point of bestowing true manliness

united in marriage only for the gratification of the carnal or sensual element of their nature. We do not mean to say that they actually marry or engage themselves in such marriages, out of their own free will or desire, but that those who are entrusted with the task of marrying them, look only upon the happiness of the bridegroom and the bride as the principal object of marriage. If instead of being anxious about the welfare of the parties united in marriage, they had been solicitous about the welfare of the future generations this nation would not have been so much degraded and fallen. Many a thing ought to be very carefully weighed before connubial relations are actually formed, inasmuch as, the entire happiness of the life after marriage completely depends on the nature of such relations. A paterfamilias gives proofs of much deliberation and skill at the time of purchasing domestic animals like sheep, cows and buffaloes, but what a matter of sincere regret it is that all his skill and all his consideration leave him altogether at the time of marrying his sons and daughters! He never for a time thinks that if the children of his sons and daughters become weak, short-lived and deformed, then whole life

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The Atank Nigrahi Pill is indispensable to those who are rendered impotent by the waste of semen,

will be full of misery and pain. At the time of contracting marriages, the difference in age of the marrying parties, their physical strength and constitution, and their mental similarities should be carefully observed. If the same merits and defects that are present in the bridegroom are also found in the bride, there is some chance of their married life passing in happiness. The result of binding together the learned with the illiterate, the munificent with the miserly, the generous-hearted with the narrow-minded and the healthy with the unhealthy in ties of marriage, often becomes very deplorable. If a girl is married to a debauchee addicted to drinking, the unfortunate creature will be compelled to drag on her days in an endless ocean of misery. A libertine is ineligible as a husband. Debauchees should never enter into the married state; for they will find no happiness in it, the results, on the other hand, being extremely baneful. It is therefore better and far more reasonable for them to continue in "single blessedness." A maid, if she is a victim to any disease, should also desist from marriage. If a girl is suffering from any disease, and if she could not be cured of it before the time of her marriage, her

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The Atank Nigali Pill is the only refuge for those who being disgusted with life have thought of committing suicide.

parents at the time should under no circumstances give her away in marriage. It is true that they will be held reprehensible in the eyes of society for allowing a few months to exceed the marriageable age of their daughters, but by sanctioning the marriage of a diseased daughter, and thus indirectly helping in the production of unhealthy children, they will be held condemned before God. And as a matter of fact, society also suffers great disadvantages from such marriages, in after years, if not then and there. Girls whose waists are very much constricted are incapable of being mothers of strong and well-formed babes. Those girls again who have not got a fair and sound training should not be given away in marriage. But in this connection no one should take "Training" to mean English education together with imitation of English customs and modes of living and passing certain examinations. We mean to say that we have used the word in another sense. To learn how to perform the household duties, to be devotedly attached to the husband, to know how to nurse or rear up babes, and to be respectful towards the elders,—these are the characteristic features of a good training. Those girls

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The Atank Nigrali Pill restores vitality inadvertently allowed to run to waste.

that have not received such training, instead of adorning the household of their husbands, become the prolific cause of much trouble and uneasiness to them. To move about from place to place like a living picture, neglecting the duties of the household, is only to add to the burden of the family instead of doing it any good whatever. Those girls, on the other hand, who have received a liberal training, can, with the help of their understanding, earn the good will of all the members of the family by showing their skill and aptitude for every kind of household work, from the smallest to the most responsible ones. A chaste, pure and well-trained woman is like an invaluable piece of diamond, and wheresoever she may be placed, she will enliven her circle by her native virtue and excellence. Again, the excellence and virtue of a woman should not be the only recommendation for accepting her as a partner in life. Though it is necessary for a woman to be endowed with excellent qualities, it is perhaps far more necessary for her to be endowed with sound health. A woman possessed of good health is certainly to be preferred to one, that is not healthy though virtuous. For a qualified but unhealthy

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The Atank Nigrah Pill eradicates diseases of the urinary organs

woman may be the cause of much trouble to the family by giving birth to sickly children. Those girls or women, who are naturally averse to children should not also be given away in marriage before their aversion for children is toned down because they cannot properly nurse and rear up and take care of the children they give birth to.

One should not marry in his own *gotra* or give away in marriage there. Among those who are connected by blood, there should be no inter-marriage. If such marriages at all take place, the issue becomes either deaf or dumb, idiotic or enfeebled in mind and body. For this reason, the Hindu Law-givers have strictly and always prohibited marriages in one's own race or among agnate relatives in general. A daughter of a family in which no male issue has been born, should not be accepted in marriage. neither should one contract a marriage in a family whose sons have not been properly educated. A family in which there runs a hereditary disease should also be never married into.

A girl deficient in a limb or one possessing an extra limb, should not be accepted as a partner of

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The Atank Nigrah Pil removes all mental and physical weakness.



the marriage bed. A sickly girl, one possessing an excess of hair on the body or altogether hairless, or one bearing a very harsh name, should never be mated with.

A maid, that bears a handsome appellation, that is graceful like the swan or the elephant in her carriage, that is endued with sweetness and possessed of great beauty, that is adorned with a soft wealth of hair on the head and that owns a fine set of teeth,—such a maid should only be chosen in marriage. These are the characteristic features of a fortunate and excellent woman. A woman older in years than one's own self should never be mated with, even if she be possessed of all these good features. At the time of selecting a wife or a daughter-in-law who has to be like a goddess of prosperity in the family, the signs mentioned above should be specially borne in mind. For, in the ocean of the feminine creation lies embedded all the happiness of human existence. Whatever desirable objects there may be for the attainment of men, they are all to be found within a virtuous woman's circle of influence. In a youthful and elegant maid possessed of the attributes enumerated above, is found the combination of the three principal objects

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The Atank Nigrah Pill renders the body stout and strong.

of mundane existence viz. virtue, wealth and gratification of desires

An excessive passionate partner in life is not conducive to good. Even a man of great physical and mental powers is completely wrecked by marrying a too lustful woman, not to speak of an ordinary man. The reason is that when united in wedlock with such a woman, the man has to bid adieu for good to the powers of his mind and body at one and the same time. This simultaneous waste of mental and physical energy Nature fails to recoup in spite of the man's most strenuous efforts. Those who have to do a great deal of reading and writing, or any other such mental labour should either avoid the company of such women or give up their mental labour altogether, otherwise they will fall an early prey to the jaws of death.

We have said before that early and immature age is not the proper period for the purposes of procreation. So again, old and advanced age is not the proper time for reproduction. From these two propositions, we may infer that weak and puny children are produced either by very old or very

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The Atank Nigrah Pill has been declared to be 'our eyes' victorious specific for lost manhood,

young parents. The mind and body of immature or over-mature parents are also undeveloped or super-developed respectively. For this reason the off-spring of immature or over-mature parents do not possess a sufficiently proper amount of mental and physical powers. From a study of the lives of the heroes and famous men mentioned in history, it becomes evident that they were all born of parents of mature age. In a Hindu family, the youngest son and the youngest daughter become generally greater pets. The reason seems to us to be that on account of the undeveloped state of their mental and physical powers in consequence of their being born in the latter end of their parents' lives, they are allowed a more than ordinary amount of indulgence and bequeathal of the greater portion of their parents' property. The children begot at too early or too old an age, do not grow strong and well-formed inasmuch as the thin seminal fluid of the early age, as well as the deteriorated one of the old age, cannot both of them, bring forth good issue.

We have described before a number of causes which render children diseased and sickly. But we

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The Atank Nigrah Pill is the only successful specific for vitalizing the semen

refrained then from mentioning one that is perhaps the most potent and horrible. Many of the young men of the present day have fallen a victim to the fatal disease called syphilis, the fruit of their own mischief. As a result of prostitution in youth, or of sexual commerce with a woman infected with that disease, or as a fruit of such other vicious acts, it makes its way among young men and works mischief of the worst description. The symptoms are primarily developed in the generative parts, and the poison having corrupted the blood, becomes gradually diffused over the entire system. Its terrible consequences, though they slowly appear one after another in the human organization, lead it on to the path of destruction. There is no other disease whose after-effects can stand a comparison with the dreadful after-effects of this formidable disease. The serious consequences of all other diseases taken together sink into insignificance when compared with the after-effects of syphilis. In acute fatal diseases like fever &c., men die, all of a sudden, after a few days of suffering only, and the virulence subsides with the demise of the victim. But a person affect-

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The Atank Nigrah Pill is the very life of mankind in general.

ed by syphilis, although he does not actually die soon, suffers the agonies of death throughout his entire existence. In fact, it is a protracted death. The virulence of this disease does not abate with the ruin of a single generation, but vitiates seven generations yet unborn. Falling into the clutches of this disease, strong, well-developed, and good-looking persons are, within a few days, turned into weak, ill-developed and haggard-looking beings. The signs of this disease soon become manifest on all parts of the body, and it even affects that most precious of all human senses, the sight, and gradually renders the sufferer totally blind. It affects the spleen and the lungs, and renders the body the abode of all kinds of disorders. Sores appear on all parts of the body and rheumatism makes a complete wreck of it. Even highly skilful, learned and experienced medical practitioners fail at times to control its virulence and drive it away from the system. This fell disease never shows a particle of mercy to the victim when it once gets hold of him. If it once effects its entrance into the system it rarely leaves it before the wonderful human organization is completely shattered. This indomitable disease may for

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The Atank Nigali Pill rebuilds the brain and imparts vigour to it

some time be kept in abeyance through the ministrations of physicians and vaidyas, but to eradicate it from the system entirely, is generally a very difficult task, unless the doctor who treats has special proficiency, and uses careful circumspection. Though not outwardly manifest it continues to work inside the body for a long time like fire under the ashes. Mistaking this dormant state of the disease for cure, many persons proceed to undertake what they think to be their only duty in life, viz. to form conjugal relations. Alas! whose hand does not stand on end at the thought of the future of the simple, helpless, unexperienced girl married to a person infected with this disease? Unfortunate as she is, she has to drag on a miserable existence thoroughly poisoned by her having unknowingly put her hand inside the mouth of a venomous serpent. This is not all: the children born of such marriages are also vitiated and the formidable poison of syphilis extends its dominion over their systems also. Instead of the father securing the happiness of his children by bequeathing to them his wealth and property, he throws a portion of his ailments on their shoulders! A woman, living with her husband tainted

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The Atank Nigrah Pill refreshes the memory when it is destroyed or diminished

with the poison of syphilis, becomes herself contaminated. Sometimes on the other hand it is seen that in spite of intercourse with an infected husband, the poison of syphilis or the erosions produced by it, are not developed in the system of the wife; but it is sure to be manifest in the child that is born in consequence of such intercourse. The foetus again on account of its having been generated by the poisoned seed, contaminates its mother, and for this reason, it is said that as the mother can vitiate her children, so also the children can poison their mother during their stay inside the womb. The disease of syphilis extends its rule everywhere in a dreadful manner. Even an infant may be infected by the disease, if the nurse whose breasts it sucks, is tainted with it. On the other hand even a healthy nurse stands the chance of being attacked by it, if the child that sucks her is infected with it. There is every possibility of contracting the disease by using books, papers, pens, umbrellas, shoes, clothes, coats and such other things used by a person suffering from syphilis, and it is also possible to be affected by syphilis by kissing a person suffering from it or by eating the remnants of his meals.

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The Atank Nigriti Pill is the only remedy for curing weakness produced by excessive . . .

If abortion takes place in a strong and healthy woman without any apparent cause, it is to be understood that the embryo in the womb must have been, by some means or other, affected with the poison of syphilis. It is not often that infection of syphilis necessarily brings about miscarriages; a child thus infected may be delivered in a living state, but then it would not live many days after it sees the light. At the time of birth the infant may look healthy and strong, but it gradually begins to lose flesh and at last falls a prey to death. Sometimes even the nurse of such a vitiated child is carried away by death, having been attacked by syphilis. It therefore either of the two parents be suffering from this disease care should be particularly taken that they do not give birth to any child: for by procreating diseased children by the poisoned germ and sperm they commit sin both against God and man.

Sometimes a child produced by parents suffering from syphilis is seen to escape the jaws of death, but such instances are very rare. Sometimes again the symptoms of the disease are not at all visible on the person of the infant. But from this it should not

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The Atank Nigrah Pill is the only drug in the market to accomplish and enjoy worldly pleasures



be inferred that they have been released for good from its clutches. It is again a very difficult task to medically treat those children who are produced by parents tainted with syphilis, if the symptoms and signs of the disease are not outwardly manifest in them. Whether the symptoms are manifest on it or not, a child infected with syphilis is weak and puny from its very birth; and its appearance generally becomes ugly, lack lustre, stunted, diminutive and old-looking. When any other disease attacks these children, its pain becomes extreme, and it continues for a long time. Boys and girls contaminated with syphilis almost always suffer from goitre, various kinds of glandular swellings, fever, consumption, and other diseases. The disordered condition of the uterus of many youthful women and the irregularity of their monthly menstrual discharge are due to syphilitic infection.

Many are the miseries that have to be suffered in the human existence, various are the causes, ever exerting themselves to render the life of man a bundle of unmitigated misery. We will now speak of one of the most fearful of them. The children, that are born in consequence of the gratification of

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The Atank Nigrah Pill has occupied the top most place among all blood-purifying medicines

the sexual instinct in season and out of it like birds and beasts, do not only become so many sources of misery to their parents, but are also the causes prolific of the suffering of the entire human community. In other words, weak, sickly and invalid children, instead of doing any good to the world, inflict a permanent injury on it. Every woman may become the mother of an infant every year, or at the interval of every two years. calculated at this rate she may give birth to 15 or 20 children during her lifetime.

The parents, that give birth to a large number of children, do surely act against the laws of sexual economy, for otherwise it is not possible that so many children will be produced by the moderate enjoyment of the senses.

An excessive increase of the population is harmful to the welfare of a nation. The causes that are calculated to bring about the amelioration of the condition of a nation cannot act properly when there is an extraordinary addition to the number of its population. Owing to the increase of population, the number of consumers in a country becomes

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The Atank Nigrah Pill is the only remedy to remove all diseases which are the results of onanism

greater than the quantity of food-stuff available therein, and in this way, the road for the appearance of famine, plague &c, in the country, is every day made wider. Thus an increase of population in a country virtually means an increase of misery and hardship in it, both these words being taken to be synonymous, inasmuch as the one is an inseparable adjunct to the other. A limited family is productive of much good which is obtained only as a result of its prudence. In a family where the number of members is great, an addition to the number of children is thought to be the source of great misfortune. Many may probably be aware that Bibhishan took an oath before Shri Ramchandra, saying that he would rather be the father of a hundred sons in the Kaliyuga. This has no other significance except that dreadful things are ready to overwhelm the father of a large number of sons. As an illustration, let us take two families whose monthly incomes are equal.

In one of them the number of dependents is large and in the other it is limited. How happily the one in which the dependents are few carries on its existence! While difficulties and misery are

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The Atank Nigrah Pill is the foremost medicine for wet dreams

in store for the other consisting of a large number ! Any one of common understanding can mark the difference.

"The number of children being large, the death-rate in that family is necessarily very great. One dies through weakness, a second for want of proper nourishment, and a third on account of lack of necessary care and looking after, only one or two are left to live long. To procreate a numerous progeny in the absence of the power to maintain and give them a liberal education, is to commit a very serious sin. When we have no means to feed and clothe and educate the boys and girls that are born of our own flesh and blood, it is proper that we should be very careful not to give birth to so many children, so that our life may not be an unbroken flow of misery. If the king of a country think of levying a tax on the parents, varying in proportion to the number of children in the family, possibly a successful check would be exercised on the increase of population, and the parents may also be careful on the subject of begetting children, if not voluntarily, at least through compulsion. Those, who hold views inimical to the increase of population, go so

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The Atank Nigrah Pill checks the emission of the seminal fluid at the slightest excitement.

far as to say, that as long as you do not possess the power to maintain and educate your children, so long you should not marry at all. But we are not in favour of such extreme views. It does not stand to reason to try to prohibit the procreation and increase of population by living in a state of celibacy, for then, in endeavouring to escape from one danger, we shall be entangled into thousand other ones, and as the saying goes, it will be like "Out of the frying pan into the fire." "A wife is taken for begetting a son and a son is necessary for the purpose of offering the Pinda or the funeral cakes." This saying is true. But although the consummation of marriage may lie in the procreation of a son yet the acquisition of a large number of sons in consequence of the immoderate gratification of the senses, can never be said to be the true end of marriage. The pleasures and privileges of a married life are diverse. The affectionate relation between the husband and the wife their mutual assistance then reciprocal dependence, the participation of the weal and woe of life among themselves - from a consideration of these salient features of married life, one will be able to understand that the joint-

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The Atank Nigrah Pill soon removes the chronic as well as the acute debility of the generative element.

tion of the marital bonds is sanctioned by Nature, and is in itself a divine institution. The mating of the male and the female is seen even among the lower creation, such as birds, beasts, worms and flies. It is true that they do not possess the faculty of reason, yet guided by the instinct that Nature has implanted in them, the males and females of these species become united with each other, and thus is the propagation of all the living creation maintained. Consequently, to refrain from such unions in marriage, is to act against the intentions of Nature and its supreme Lord. The results of such opposition are baneful and they bring sin upon the perpetrators. Evils of abstaining from marriage at the proper age again are many. Abstinence in youth is very injurious both to men and women. It decreases their capability for enjoyment and gives rise to various kinds of diseases through the corruption of the seminal and germinal matters. Married persons enjoy a long life. It should never be considered that excesses are the necessary adjuncts to the married life, and it should never be thought that one should indulge in excesses as soon as he enters into the matrimonial state.

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The Atank Nigrah Pill is like the wish yielding tree to a hopeless sufferer.

In the absence of marriage men and women owing to the natural excitement of the sexual desire in them, are led to commit outrages, and in consequence are attacked by the diseases of the generative functions. The diseases of the reproductive system are more widely spread among the unmarried than among the married people. It is not necessary here to describe the consequences of sexual immorality, suffice it to say that a perpetrator of such outrages runs every risk of falling into the clutches of such dreadful diseases as syphilis, gonorrhœa &c, at each step. For this reason, the matrimonial state should be entered into only for the moderate exercise of the amative senses. The complete absence of the enjoyment of this sense again is not conducive to good health and there are innumerable dangers in its gratification by improper means. Every one will be able to understand the desirability of the married state if he thinks over these things attentively. Consider for a moment, what the condition of society would have been, had there been no such custom as that of a marriage. Not a particle of love would have been visible in the heart of women, which is now the fountain of

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The Atank Nigrah Pill sprinkles water, as it were, at the root of the tree of semen which is the stamina of life

all love. There would have been an increase in the number of children but there would have been none to nurse and nourish them, sons would have been seen but none to be called father by them. In short, the human community would have been a veritable hell. The custom of marriage was prevalent even in the primary state of society and numerous proofs are available of this fact. of course, there were not marriages like the modern ones in which elaborate ceremonies are observed, but even then, the principal object of marriage—an inter-dependence between the man and the wife—was to be seen. That which obtained in the first stages of society must have been sanctioned by Nature, and Nature is again the manifestation of the Universal Father, the Supreme Godhead. Consequently by acting against the intentions of Nature, one has to fall into the abyss of sin for violating the laws of God.

In the celibate state again, a dreadfully debasing habit obtains possession of men and women and it is the habit of unnatural gratification. This evil practice is more prevalent among men than among women. From experience gathered from the practice of the medical art extending over more than a

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The Atank Nigrah Pill is the only effective remedy in checking seminal wastage brought about by unnatural practices.



period of two decades and a half, I can emphatically assert that 80 percent of the present-day-people suffer from seminal disease in consequence of indulging in onanism. Many a patient having seen me, has unhesitatingly told me of his actual condition. Many again have informed me of their state by letters. I am embodying a few of these letters in a concise form. I do not think that I am justified in giving the names and addresses of the parties in this connection, nor is it worthy of a gentleman. I hope that by holding the consequences of this most debasing practice before the eyes of society, some good may be done to it specially as it is standing on the very brink of downfall and decay.

*1st Letter*

My age is 25 years. I am a married man. Having been initiated into the evil habit (self-pollution) at about the age of 15, I continued it for 5 years. At present I have reached complete impotence and my manliness has been totally destroyed. Day and night my semen is oozing out. I suffer great anguish at the sight of my wife. My memory has been effaced out. What more? Even my own misery makes me think that perhaps there is none

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The Atank Nigrali Pill does indescribable benefit in various difficult diseases produced in consequence of self-pollution.

so miserable like my-self in the entire universe. If moved by pity, you can show me some means of deliverance, I am ready to lay down my whole life to pay the debt that I shall then owe you. I have heard of your reputation and have heard and read about the wonderful powers of your incomparable Atank Nigrah Pill. If you think that my ailments may be cured by this pill or by any other medicine, then kindly send it to me and I will very gladly remit to you its price and the charges of forwarding it.

### *2nd Letter*

It is my firm conviction that you have a profound knowledge in the Ayur Veda and it is for this reason that I am informing you of my own condition. Eight years ago when I was a student I learnt the vicious habit in the company of a few of my friends. Now my capacity for enjoying the gifts of Venus has altogether vanished and the masculine element has become entirely flaccid in all its parts. Very great is my repentance now, but there is no chance of deriving my good through such repentance. My hands and legs shake, my appearance has turned pale. I cannot work with any-

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The Atank Nigrah Pill is the incomparable remedy for Leucorrhœa and other female diseases.

body straight-forwardly I have totally forgotten what sort of thing memory is or how a man can remember words I look upon you as my father. Remove this endless misery of mine and I shall thank you thousands of times over One of my friends has been restored to health and happiness by the use of your pill and according to his advice I have made up my mind to use the Atank Nigrah pills If you think that these pills will do me any good, then surely you will oblige me by sending them to me I shall never be able to repay the debt that I shall owe you, in my whole life

*3rd Letter*

One of my friends is suffering from a very painful disease For ten years or so he did not reveal his condition to any one He weeps always and is at a loss to understand what he should do. He has lost his manhood completely, his health has been greatly debilitated and his strength has been thoroughly destroyed He looks like a boy and will be very shortly married His parents are very anxious to get him married. But he is not willing to entertain such proposals With your permission, I would send him to you He says, "I had true man-

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The Atank Nigrah Pill is able to destroy both mental and physical weakness

hood before, but now my condition is worse than even that of a boy" He practised \* \* \* \* The food he eats is not digested, he has not the strength to walk and his "masculine element" has become diminutive His state is such as cannot be described in writing Having been informed of the fame of your medicines and books, I anxiously seek your help So, kindly favour me with an early reply to this letter

*4th Letter*

Having read and heard of your reputation both in newspapers and from friends, I venture to address this letter to you One of my friends has derived great benefit by using your Atank Nigrah Pills I am informing you of my state in writing; surely you will not answer by a card, but send an enclosed letter, for which I send a postal stamp

I pass urine many times during the day. A white thick substance settles on the place where it is passed The colour of the urine is yellow, I feel insufferable pain in the neck, the back, and the loins My mind is ever frightened, my brain has been confused, and occasionally, an inclination for committing suicide overtakes me. I feel a strong

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The Atank Nigrah Pill strengthens the weak digestive power

desire for intercourse, but there is no consummation I do not feel inclined to do any work I am always at a loss to understand what I shall do Of course you have been able to guess what my condition is, still I cannot help writing it down. I learnt \* \* \* in evil company All this is the result of it You will kindly prescribe for me any sort of medicine you may like or desire to give me If the Atank Nigrah Pill is suitable for me, then send me five boxes by V P P

*5th Letter*

I am an old sufferer I have been completely tired out by using various kinds of medicines At last I seek your assistance I have read advertisements of numerous health and-strength-giving medicines, and have actually used those medicines But out of them I have reaped no fruit, except despondency I have spent so much money in purchasing and paying for medicines that at present, I am in very straitened circumstances I now take refuge with you, kill me or give me life as it may please you, I have none to look up to except yourself

I feel exhausted even by very slight exertions My respiration is quicker than usual and my eyes are sunken, my head always reel- and my memory

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The Atank Nigrah Pill confers excellent health

has been totally destroyed : at times I see darkness before the eyes my semen is voided in dreams and I have no desire for intercourse with the other sex. My wife comes to me, and seeing my condition breathes sighs deep and cold. This produces an anguish in me that eats to the very core of my heart. All this has come to pass through my own fault. Whom else can I blame? Enslaved by the vicious habit from my very boyhood, I used to draw out my seminal fluid by force. I was engaged in it till the twentieth year of my age. At this time I was married. Now my manhood has been completely destroyed. I am afraid lest my wife should lose her chastity. I reveal to you all these secrets because I look upon you as my father. Oblige me by giving me proper advice. I hope that considering my circumstances you will only charge me the proper price of your medicines.

*6th Letter*

I am writing you this letter because I have come to trust in you entirely. I have suffered much misery on account of the evil practice. At first I was not aware that I should have to undergo such great misery in future, in consequence of this vile

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The Atank Nigrah Pill is greatly efficacious where true strength and manhood are to be imported

• habit In the beginning I used to feel pleasure in the act, but I am repenting of it now I am a student and my examination is nigh at hand I got a Government scholarship, but I cannot remember a single syllable of what I read at present I shall be put to great disgrace and insult this time, because I have not the remotest chance of passing the examination I have heard in many places, that your Pills are highly efficacious in this disease Many of my friends have advised me to use this medicine. I, therefore, solicit the favor of your sending me two boxes of the Atank Nigrah Pills by V P P.

*7th Letter*

Having been informed of my miserable condition, you will oblige me by giving me proper advice. My voice has altogether become hoarse, my manhood has disappeared completely and my condition has become like that of a boy of 10 years At present my age is 35 years. How can I regain my lost manhood, and by what means can I become as powerful as I was before?

My semen pours out involuntarily. Weakness has made a nest in my body I feel pain on all the

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The Atank Nigrah Pill successfully combats obstinate diseases of the urinary organs

limbs and my mind turns away from all kinds of work. My memory has vanished for ever, and my mind is ever restless. I get no sleep and feel an aching in the right side below the ribs. I have no strength to keep me standing. After a little sleep, I wake up with a start. I dream dreadful dreams, and my appearance has turned bloodless. I remember well—and I do not want to conceal anything—that falling into evil company in my younger years, I used to waste my seminal fluid by unnatural means, in the absence of \* \* \* \* \* and my impression is that owing to this cause only my condition has become what it is at present. Thinking that I shall be benefited by your pill, I enclose a five-rupee-note herewith and I believe that you will kindly oblige me by sending me proper remedies for my disease.

*8th Letter.*

I am a descendant of a respectable family. My age is 25 years, my parents died after they had got me married. In my family there are only my wife and myself. I have not yet been blessed with a son or a daughter. A very painful thought ever torments me and it is this, that I had fallen into the clutches of a very debasing habit, and in consequence, all my strength has been destroyed. I think



you will not be vexed to read through my indecent letter. I have heard that you have cured many a patient like myself. I have written my condition briefly to you, and I trust you will render me capable of enjoying the pleasures of life by giving me proper advice and medicines

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Not one, not ten, but hundreds and thousands of such communications, have I been receiving from persons suffering from diseases brought about by this evil practice. I have pointed above only a few of them by way of specimen

From a perusal of these letters, it will be evident to everybody, how extensively this vicious practice is helping on the downfall of the human society. Are not the descriptions of the patients regarding their individual conditions quite heart-rending, and is it not proper to move in the matter in such a way that the evil may not gain any further ground? A question may however arise, as to how to redeem society from its tangle. I have given in detail sufficient instructions on the subject in the present manual, and I still aver, that it is my belief that if thousands of books containing dissertations on the subject are every day held before the eyes of the degraded society, then there is some chance

of the amelioration of its condition. Won'd that this vicious habit be driven out of human society through the mercy of Gracious Providence, clearing the way for the reign of real happiness in it !

It should, however, be borne in mind, that this is all very well before the practice has grown into a habit and has evidently made a perceptible change for worse in the patient. But where it has, there is the necessity felt for a good medicine that would uninjuriously offer relief and pave the way to a life of health and happiness. Such a medicine is the Atank Nigrah Pill, widely known and appreciatively acknowledged to be a powerful tonic and a ready restorer of vitality.

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### THE ATANK NIGRAH PILLS

Are the incarnation of the Goddess of Health, the mistress of tonics the unerring weapon of the medical profession, the fountain source of vitality, the inexhaustible treasure of strength, the all-retaining ocean of memory, the spell of returning youth, and the only boon to the afflicted.

### THE ATANK NIGRAH PILLS

Root out impotency originating in any cause, produce blood. cure gonorrhoea, stop the passing of seminal fluids either in urine or in dreams, renovate

memory, remove weakness, and impart inexhaustible strength to the body.

It is, of course, a kind of ridiculous superfluity to try means to prove the efficacy of the Atank Nigrah Pills. The all-shining and bright luminary—the glorious sun—the light-giver of the world—requires the poesy of no poet to give publicity to its world-visible actions.

However, that light-ball works in a sphere where there is none to compete with it except the madden moon, (who also thinks herself enlightened only by the former), and in a space where sceptics have not vitiated the atmosphere. Whereas, the province where the Atank Nigrah Pills work is the solid dark region of this world, which has engendered keen competition and deep scepticism, and wants, on account of its solidity, some practical, convincing, living proofs. The inmates of this solid sphere require to be assured of the competed excellence and dead certainty of the efficacy of these Pills. And those who have been kept out of the pale of the efficacious work of these Pills will only feel themselves satisfied if they have the words of leading experts, able practitioners, and respected honest gentry. We have to boast, among the deep pile of certificates heaped up in our pharmacy, of noble

Rajas, worthy Chetties, Babus, Rajs and Singhs, proficient Vaidyas K'birajas, Doctors and Surgeons, expert scientists and chemists, and Lord Curzon's truth-loving Anglo-Indians and Europeans, as signatories to these certificates. And such sceptics to convince, we would have sacrificed all the space in this book at our disposal, thousands of which, to be frank, would never have accommodated all the above innumerable certificates and extracts, but for the prohibition by some of the certifiers against the contents of their letters being published and solicitous requests of most of them for a strict and confidential privacy with regard to their writings

Before entering into this province of certificates and extracts there remains a point though last but not least, most prominent, which arrests our attention and which we cannot leave untouched. Among other virtues of the A. N. Pills there are some so conspicuous by their telling efficacy and catching effect and so strongly had they taken hold of the patient's mind that they had to order these medicines by wire as the development of cure effected by the Pills, could no longer be allowed to be in suspense, consequently they had to hurry on the medicines. We shall take leave of our readers to mention some of them. Of course, these telegrams

are rather the best of certificates and therefore they head the list of certificates and extracts.

1. Send three boxes of the Atank Nigrah Pills.

A RAPHAIE BURIN,  
*Burma.*

2. Send two boxes of Atank Nigrah Batika  
V. P.

RAJA PRITHVIE SING,  
*Oomree, Gwalior.*

3. Kindly send 6 boxes Atank Nigrah Pills  
without delay

VISRAM HORI, MOGOCK.

4. Kindly send 5 boxes Atank Nigrah Pills,  
Value payable.

HERALAL TRIBHUBAN,  
*Rangoon.*

5. Send sharp 5 (tins), Atank Nigrah Pills.

A. C. MUKERJEE,  
*Mogock.*

6. Send Vrana Mardan two & Atank Nigrah  
Batika two.

DEHANEJAY DE.  
*Bahapara,*

## CERTIFICATES &amp; EXTRACTS.

LEARNED DR. MANSHANKAR GOVINDJI.

DEAR SIR,

I have been completely cured of a serious disease by using your Atank Nigrah Pills. I give you here a short account of my case. I belong to the Shakdwipi Brahmin community. When ten years old, I mastered Kaumudi, Manorama, Shekhara, Mahabhashya Puran, Kavya, and such other works. Unfortunately I fell a victim to a wasting disease due to the emission of discharge. I placed myself under the treatment of two eminent doctors, but the disease struck deeper root in course of time. Within one year I was completely prostrated and my idleness knew no bounds. The slightest cause was sufficient to irritate me. I forgot all I had learnt. His Highness Someshwar Nath Singh, King of Kunda in the Huzari Bag district, has engaged my services as a Pandit or Referee on points of religion and literature. One day, I happened to read of the fame of your Atank Nigrah Pills in the columns of a newspaper. Immediately after I wrote to you for one box. I took the pills for a fortnight and I found a second lease of life granted to me. I do not know whether it was the nectar

of the pills or the favour of some deity that cured me of the disease. Neither do I now feel idle nor do I get vexed.

My memory has increased four-fold. What present shall I make to you in return for all this ? There is nothing in the three worlds which I can offer as a present to you to free me from my indebtedness. I simply congratulate you. May God make you immortal I sincerely wish your fame and progeny a life as long as that of the Sun, the Moon and the Earth I call the Pills nectared pills. I have installed you at the head of all Physicians. The price set by you upon the pills is nothing when compared with their multifarious virtues. No one would feel surprised if the price were one rupee per pill. It is said in a Sanskrit verse that one of the fruits of the prosperity of good people is to release the afflicted from the fangs of diseases. What more shall I say ?

Yours respectfully.

AVADHESHPRASAD SHARMA,

Doctor of Grammar, Scholar and

Professor of Sanskrit and

Pandit at the Court of

H. H. The Raja of Kanda,

Raniganj.

SIR,

Five or six months back I ordered 5 boxes of your Atank Nigrah Pills. I am at a loss to understand what inconceivable virtue you have put into the Pills. Are they the benign favour of a deity? Or has the propitiation of any deity rewarded you with a boon—I fail to understand what?

I had been suffering from chronic head-ache for several days past. The digestive power had departed, and memory had left me for ever. Idleness had been lengthening her clutches upon me day by day, with weakness as her partner. Every kind of medicine tried by my father to get me cured was doomed to failure. I happened to read your advertisement in the Arya Darpana, and got from you a copy of Kamshastra which you distribute gratis. By a perusal of it the extraordinary virtues possessed by the Atank Nigrah Pills were revealed to me, and of the 5 boxes ordered out I used only 2. The benefit I derived was incalculable. The remaining 3 I distributed among my friends. They too joined with me in singing the chorus of praise. The unseen charity of yours of which we are the recipients is highly commendable. You have been working heart and soul for the welfare of the universe. The maxim—The good are always devoted



to improving the condition of others—holds too good in your case I shower millions of thanks upon you, and pray sincerely to the Divine Power to endow your pharmacy & its proprietor—your worthy self—with immortality. To quote another maxim from Sanskrit—Preserve thy fame and show mercy to the afflicted, this is the nature of the good—is quite in place. What more ! The pen knows no limit to singing your praise, but I stop here.

Dharamshala

BELIEVE ME

One

Sincerely grateful to you

PANDIT HARSVARUP SHARMA.

SIR,

I used one box of your Atank Nigrah Pills last year, with the result that all my complaints have vanished away. I have grown very strong in body. Besides, they have acted as a brake to my impetuosity. On the whole your medicine cannot be eulogized too much. Please send me one box of the pills per V. P. Post.

Yours &c,

SADASHIV NARAYAN BHAVE,

Ichalkaranji.

SIR,

I have the pleasure to inform you that the two boxes of the Atank Nigrah Pills which I purchased from you have been used by me and a friend of mine, and I am glad to say that their good effects are being felt. Be therefore good enough to send me the following medicines at your earliest convenience. I trust you will present me with a copy of Mukta.

Atank Nigrah Pills	... ..	boxes 2.
Kasantak	... ..	box 1.
Cholera Pills	... ..	box 1.
Vrana Mardan Ointment	... ..	box 1.
Ayushya & Arogya Vardhak Oil	...	Phial 1.
Tooth powder	... ..	Packet 1

Yours &c.,

DATTATRAYA VISHNU,

Kallol, Chikodi Zillah

SIR,

I am happy to say that the pills sent by you really bestow life. I purchased from you several boxes and must say in justice to you that you possess the secret of preparing medicines so as to endow them with all the efficacies declaimed in medical books. If one takes them upon trust, all his dis-

eases—chronic as well as acute—are sure to be cured before long. A thousand blessings to you I wish you an evergrowing popularity like that, of Dhanvantari, the physician of the gods

Yours &c,  
RUGNATHPRASAD CAPTAIN,  
Ajayagadha-Budelkhand.

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SIR,

I have used two boxes of your Atank Nigrah Pills with advantage I gave some of the pills to my friends who also are profited by them They demand more and so I request you to send five boxes without delay Your pills have proved marvellously efficacious in many respects,

Yours &c,  
ABDUL HUSENALLI,  
Muscat.

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SIR,

I am in due receipt of 3 boxes of your Atank Nigrah Pills. Two of my friends who had been suffering from headache and flatulence have been greatly benefited by their use for a few days. I re-

request you therefore to send me per V P Post four more by return post

Yours &c,

NAJIBALLI DAROGA,

Ranchi

SIR,

Your Atank Nigrah Pills produce marvellous effects on health I have been using them daily and have found that since I commenced to take them I have never suffered from constipation &c I have no doubt as to their efficacy in curing instantaneously seminal debility and disorders of the female generative organs Please send me regularly on the 1st of every month two rupees worth of your Atank Nigrah Pills

Yours &c,

SORABJI LIMJIBHAI TARAPOREVALA,

Songadh

SIR,

I humbly beg to inform you that the marvellous efficacy of the Atank Nigrah Pills having reached my ears, I purchased a box They have produced beneficial effects I am a native physician and having to deal with gonorrhoea tried all the medicines I

had upon it, but when I found them of no avail I had recourse to your medicine with the result, I am glad to say, that it has established my reputation. My best thanks are due to you. Please send me the following medicines —

Atank Nigrah Pills .. . boxes 2.

Kasantak .. . box 1.

Yours &c.,

NANJI VYANKYA VAIDYA

Arogya Mandir—Ghosari

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SIR,

Your Atank Nigrah Pills have spread your fame far and wide by restoring strength and energy to many debilitated lives in this country. The flag of your fame is seen flying in all directions. Your pills stand pre-eminent among medicines equally known for their efficacy. No one is more acquainted with their virtues except your worthy self. I shall, however, presume to say that they are nectar which revives life.

Yours &c.,

CHIRANJILAL

Gurkumandi, Agra.

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SIR,

I have purchased from your Branch at Kalbadevi six boxes of the Atank Nigrah Pills and two of Chandraprabha, and I am glad to say that the pills have conferred upon me the benefit sought for. I shall remember your benevolence day and night. May God bless you with health, wealth, and long life, and may you enjoy prosperity amidst a large family. Your pills act like magic and stand unrivalled in the arena of medicines

Yours &c.,  
KAKAJI DORABJI,  
Ahmedabad.

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SIR,

Repeated praises of the efficacy of your pills have exhausted my stock of words. This is an undisputed and unquestionable fact that the Atank Nigrah Pills possess virtues worthy of their name and are fit to be used by men and women of all ages from childhood to old age

Yours &c.,  
THAKUR MAHARABANSINGJI,  
Gorakhpur.

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DEAR SIR,

Kindly send me 1 doz. of your famous Atank Nigrah Batika per V. P P. The 2 boxes lately supplied have given wonderful results in my neuralgic pain in the head, several medicines of the best kind were tried but no effect was derived. After using these 2 boxes, pain has been much reduced. Now I want these 12 boxes for my friends. Hoping you will please despatch them at once

Yours truly,  
Sul't Agent,  
O S Co Ld,  
Soro. B. N Ri.

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With many thanks I beg to inform you that having bought 5 boxes of your Atank Nigrah Pills and used them, I have derived great benefit from them. Before using your medicines, I had tried many others, but none of them could remove my complaints. I was hopeless of my disease ever leaving me during my lifetime. But after using your pills the weakness of my head, paleness of the face, giddiness in sitting down and rising up, pain in the hands and feet, weakness of vision, indigestion, want of ability to read books, fever, headache, loss

of memory, unwillingness to work, idleness of mind and body, have all been driven off.

One of my friends also has used your medicine and derived much good from it.

PANLESS WENGON.

Teacher,

*German Mission High School, Seminary Lane,  
RANCHI.*

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SIR,

Please send me per V. P Post two boxes of your Atank Nigrah Pills. I have found them very efficacious. I have administered them in various forms of diseases. Your pills dispel diseases as the Sun drives out darkness. The pills are indeed nectar—affording strength, happiness and contentment.

Yours &c.,

SHRI MANBHARAN DUBE.

Bandanbar.

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SIR,

I have obtained unexpected benefits by using a box of your Atank Nigrah Pills. I did not hope



to derive such speedy results in such a smaller number of days, by using such a small quantity of them. I shall therefore be obliged by your sending me 64 Pills by V.P.P. to the following address

JOGENDRA CH. BHATTACHARJI

Asuja, Rampore, P. O. Mymensing

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SIR,

There is not the least doubt that your Atank Nigrah Pills are unrivalled in cases of gonorrhœa. The disease I was suffering from was of two years' standing and it has been cured by a month's use only of your pills; Doctors and Kavis failed to do so. Your Mani Oil is also invaluable in cases of giddiness.

KARTIK CHANDRA DUTT.

Nibadhui, Dattapukur P. O.

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RESPECTED SHASTRIJI,

I purchased two boxes of the Atank Nigrah Pills from your dispensary, one for myself and the other for a friend of mine, and am glad to say that in two weeks they have restored us to perfect health. It is no exaggeration to say that your pills are a specific for diseases originating in seminal

discharge I am highly satisfied with the efficacy of your pills, and congratulate you upon their preparation. I pray to God to bless you with a long life.

Yours &c.,  
PANDIT BABALAL—Agra.

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SIR,

I purchased from your dispensary three boxes of the Atank Nigrah Pills. I gave two of them to my friends and myself used the remaining one, and am glad to say that they have done me immense good. It will not be too much to say that the use of one box more will undoubtedly confer on me all the benefits that you say are to be derived from them. I, therefore, request that you will kindly oblige me by sending one box more of the pills per V. P. Post without loss of time.

Yours &c.,  
BALDEV NARAYAN.  
Rampur

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SIR,

My memory was much weakened, but it has been restored by the use of your Atank Nigrah Pills, for which I thank you over and over again.

A friend of mine, who was suffering from constant passing of semen, said to me, "Oh friend, I have been disappointed in every direction. I have now lost all hopes of being cured. Whenever I sleep, either during day-time or at night, I pass semen and my memory has been getting weaker and weaker. I tried the medicines of many doctors, physicians and practitioners, but my disease has baffled the skill of one and all." Remembering the magical powers of the Atank Nigrah Pills, I advised him in reply to try them. Please send him one box that he may be cured of the disease.

Yours &c.,

Yours &c.,

KALIPRASAD.

Subjag—Muzaffarpur

I have advised the use of your excellently efficacious Atank Nigrah Pills in various cases and I am glad to state, that on all occasions they have proved the fitness of their name. You are really the friend of the poor, and you have done them a lasting benefit by exerting yourself on their behalf which it is impossible for me to describe. But this much I can add, that even those gentlemen who have not used your highly efficacious medicines, if they once try them even by way of experiment at

the recommendation of a boy like myself, they will come to know that each of the medicines is a Jewel.

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About 6 or 7 months ago, I bought from you 2 boxes of the Atank Nigrah Pills, and struck by their wonderful qualities, I bought from you a month after, other 6 boxes of the Pills, and the rest of your 14 Jewels. Every one of these medicines has done its duty smoothly. And, Sir, I can say without hesitation that it is they that have restored my faith in patent medicines. To write more is useless.

Yours Obediently,

NORENDRA NATH CHATTOPADHYAYA.

Gazipore, Narit, P. O. Howrah,

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Having bought Mani Oil and several boxes of the Atank Nigrah Pills from you, I have obtained great benefits by their use. Kindly send another phial of Mani Oil and please avoid delay.

ANATH NATH DAS.

Nowgong,

Your Atank Nigrah Pills have rendered me valuable services. The merits of these pills cannot be described by one endowed with a thousand tongues, a human being like me possessing only one, cannot even make the attempt.

BABU VRAJANANDAN.

Balaha Champaran,

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DEAR SIR,

Lately I got a box of the Atank Nigrah Pills from you. I am very glad indeed to inform you that these pills worked like magic. I gave them to one of my patients and also recommended the pills to many of my friends. Indeed I am very happy to see such a medicine discovered in the *vedic* system that removes the long-felt want of many youths who were suffering from sexual diseases caused by seminal disorder. Please send one more box of the same pills per V.P.P. and oblige me thereby. Send it at your earliest convenience.

Yours truly,

S. C. MOOKERJEE.

Agra.

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. Accept my Pronams (bows). I have obtained great benefits by using your anti-gonorrhœal, Atank Nigrah Pills; I therefore pray for the advancement and long life of a person like you devoted to the good of his country.

SAID ABDUL HAKIM.

Kissen Master Lane, Beerbhūm.

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Some time ago I had ordered from you the Atank Nigrah Pills and Mann Oil and sent them to a relation of mine. Though I could not write to you earlier owing to some delay being caused by the transmission of the news from him, yet now, I am glad to write to you that your medicines really possess the virtues stated in the handbills. I heartily pray to God to give you a long life and to keep you ever intent to benefit the suffering humanity. That the medicine would work so efficaciously in the very small time given to it for trial, would have been a foolish and vain hope and yet only three days' trial has achieved wonders. The marvellous efficacy of your medicines has thrown all the people into astonishment and they shower hearty good-wishes for your welfare and prosperity. It only

remains for me to state to you to forward one tin of Atank Nigrah Pills without any loss of time.

SHRI JAGADISHVARRAY.

NAIB CUTCERRY,

Udayarampur

In Ashvin last, I had sent for four tins of your Atank Nigrah Pills. I am glad to write to you that none of the medicines previously tried by me had been able to confer on me such beneficial advantages. May God hear my prayer to spread your fame far and wide on the earth

DWARKANATH CHOWDHRY

Jahidpur, P. O. Govindgunj

My sufferings on account of Gonorrhœa were intense. The disappointment, which I received from the treatment of many doctors, made me tired of life. But I have great pleasure to inform you that the trial I gave to only a single tin of your Atank Nigrah Pills has greatly improved my condition. Kindly send one more tin of Atank Nigrah and one of Mani Manjana.

RAJCHANDRA CHAKRAVARTI.

Jeypore—P, Subhpur,

I am really wonderstruck at seeing the virtues of your Atank Nigrah Pills. I was suffering from seminal weakness from a long time. Many medicines which I tried could effect nothing, the expenses reaching to about 150 Rs. As a last resort I began using your Atank Nigrah Pills. Even two days' trial was sufficient to show marked improvement. A relative of mine has also secured similar result by the use of your pills.

CHANDIPRASAD DEVSHARMA

BHIMPLAKUR, P O Boda,  
Dist Jalpaigudi

I have been using your Atank Nigrah Pills since a week and have found the results beyond expectation. I had tried several medicines formerly but none was successful in checking my disease. May God bless you for ever.

MADAN MOHAN CHAKRAVARTI

LATU—Dist Sylhet.

I sent for 4 tins of Atank Nigrah for a friend of mine, and he has profited beyond expectation. Please send 4 more tins of the Pills and oblige.

DR RAJCHANDRAKAR.

JHANJIMUKH—Assam.



I had been in Bombay a week before, when I went personally to your Pharmacy and bought three tins of your Atank Nigrah Pills for the use of my friend. I am extremely glad to write to you that my friend, who had been suffering from... for the last four years, got relief only after five days' use of these pills. He soon felt his digestive power much improved. He had been simply hopeless of his disease and had felt much depressed in his mind. But the cure was marvellous and he thinks he has no power adequate to express his thankfulness. Everywhere and to everybody he sings the praises of your Atank Nigrah Pills and recommends the use of none but these pills. He had been for some time under the treatment of our European Doctor in charge of this station Hospital, but he had been the worse for it. When my friend got relief I told our Doctor Sahib of this, who examined one of your pills I had got with me, and expressed his surprise in an appreciative tone. Please send me three more tins and oblige

DASSAYA R, Station Hospital,  
G I P. Railway, Deolali.

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After using all sorts of patent medicines I found your remedy a thorough cure, I have been

suffering from Gonorrhoea for over two years, and I have only taken one box and I am perfectly cured. You may make what use you like of this

H. KENHARD

No. 4661 B. O. 1st K. S Light Infantry  
Kolaba, Bombay.

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I know not how to thank you adequately for the benefit that I have personally derived by the use of a few tins only of your far-renowned life-giving Atank Nigrah Pills. I tried one thousand and one medicines but none removed the bowel complaints from which I was suffering since a long time. Really I was reduced to a mere skeleton and could not eat anything without indigestion. Being disappointed of them I tried your Pills in the end, and I am glad to inform you that they have thoroughly eradicated those complaints. To tell the truth, they have given me a second life

You will be surprised to hear that almost all my friends who are Government servants make use of your pills bought from your branch office at Calcutta. I may say their very lives depend on your magic-producing pills. Some of them have tried your pills in treating their female members and they say your pills have proved efficient there

too. You may make use of this certificate just as you like, for the benefit of the public.

BRIJNANDAN PRASAD VARMA.

P F K C

Raipur—Dist Muzaffarpur.

One day, I happened to read of the fame of your 'Atank Nigrah Pills' in the columns of a newspaper. Soon after I wrote to you for one box. I took the pills for two weeks only. Now I find that my memory has increased fourfold. I never dreamt to derive such speedy results in such a small number of days by using such a small quantity of them. Their qualities are immeasurable and their efficacy beyond all proportions to their price. What more shall I say? If I am to describe their effects, it will be a big volume. I pray to God for your welfare and shall try to the best of my power to introduce your medicine to every one here. I am glad to send you an order for a box of 'Atank Nigrah Pills' per V P Post.

You can make this letter public. It is only fair. I give my name and you can send my address to any one desiring it.

SYED AKBAR PĀDŠAH.

Chittoor—North Arcot.

( *The same person adds later from Kolar* ).

I cheerfully give this testimony not only to show good will towards the pharmacy that cured me but principally hoping this may fall into the hands of some one suffering from brain and nervous system.

It is with thankfulness in my heart that I now find myself entirely and completely cured by taking only three boxes of Atank Nigrah Pills for a month and a half I am bound to admit they achieved their end to a greater extent than expected. My pen is quite unable to describe the advantages derived from your pills

I am willing to answer all inquiries from suffering patients stating in detail what the Atank Nigrah Pills did for me after the doctors had completely failed

Wishing your Pharmacy, gentleman, all the success which you so richly deserve—

I am,

Yours most gratefully,  
 SYED AKBAR PADSHAH.  
 Jagirdar of Koghanbully Jagir,  
 Kolar—( Mysore Province ).

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I read your Kam Shastra thoroughly and was filled with great joy to see it contain teachings and warnings against the abuses of young men who become subject to the consequent misery having acquired these vices by habit, as I see in the book, to the same extent, as I feel grateful to you for your famous Atank Nigrah Pills, the first of your 14 jewels. Every letter in it is to the reader like a friendly counsel and a parental warning. Dear Sir, it is my shrewd observance that young boys reaching manhood having well-to-do parents with all the luxury, become emasculated more and more day by day, owing the emasculation to neither study nor cares

I asked a boy of such nature in whom I had some interest to account for it (Emasculation). He said he dreamt I suspecting him to have adopted some unnatural means as I was told \* \* \* put in his hand a phial of your powerful Atank Nigrah Pills as well as Kamshastia. The former cured him like a miracle, improved and restored his health and put him out of the degeneration that had set in him, which, if neglected, would have led him to misery, disabling him to enjoy the earthly bliss which God gives to mankind, and he is grateful to you and to me. I have also recommended your pills to

many, especially the students from whom I experience the same which I need not repeat

G PONNUSWAMY.

70 Coral Merchant Street,  
Madras.

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My brother Devchand, who had indented 4 tins of the Atank Nigrah Pills from you, favoured me with two of them for my personal use. The effect was marvellous indeed, defying description. The medicine is a God-sent remedy possessing all the advertised effects, besides many more. It is specially a bitter enemy to Gonorrhoea and Seminal discharges, and is the primitive source of health. I am at a loss of words to describe their power of renovating the memory. May God grant eternity to benevolent beings like yourself that the world may move on smoothly and the people be relieved from diseases. This is my humble prayer to God. It seems to me that the Atank Nigrah Pills must have been the favour of a deity because the benefit derived from them is beyond the most sanguine expectations. You may make what use you like of this certificate

VASHRAM NARBHERAM.

Dhoraj.

I have finished to-day the two tins of your Atank Nigrah Pills, and it gives me very great pleasure to inform you that the benefit derived by me exceeds even that advertised. My present state presents a marked difference with my former one. I am of opinion that your advertisements alone are saturated with truthfulness. This can be said of no others. Many innocent people are ensnared into the clutches of hypocritically trumpeted advertisements spread broadcast by selfish and wily people. Let such be ever damned in this world. Without any more dilation, my only prayer to God is to keep your fame untarnished and to bless you with longevity and eternal happiness.

LALJI MOTIRAM

Assistant Station Master,

Karachi—City.

I had been suffering from windy complaints in Aso last. The belly showed a tendency to increase and chronic diarrhoea had set in. I tried the various hospital medicines but in vain; only they relieved me of diarrhoea to an insignificant extent. Thereupon I consulted a native physician, who asked me

to remain under his treatment for a month and a half, and demanded 15 Rs for his trouble. But my poor circumstances could not allow me to comply with his rather heavy demand. I then ordered from you 2 tins of Atank Nigrah Pills, Sleep pills, and Purgative pills. The use of these Atank Nigrah Pills has wholly relieved me of all my various complaints, and now I am bold enough to say, I have acquired strength to undergo the exertion of walking for over 10 kos. What praise can I bestow upon these pills? But for my straitened circumstances, I would have bestowed some substantial present on you. However you must ever consider me as your constant customer, and to convince you of this, I request you to send me 5 boxes of the A. N. Pills allowing the usual discount.

MODI LAXMICHAND PREMCHAND,

Dapoli—Dist Raichak

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I have used your Atank Nigrah Pills and find marvellous efficacy in them. The first effect is manifest at the end of 3 or 4 days only. Their chief power lies in reviving lost potency and I earnestly recommend every person suffering from the above-



mentioned complaint to use them I had also tried many medicines advertised in the newspapers, but found nothing but humbug in them. Moreover these pills are also a specific for all sorts of irregularity of the menses in the case of women It is true to say that if a man is inclined to take these pills continuously, he would be free from every complaint throughout his life

I have given this certificate with all willingness after a thorough personal experience

FAKIRJI SORABJI,  
Malegaonwalla.

SIR,

I have been in due receipt of 4 boxes of the Atank Nigrah Pills My pen is quite unable to describe the advantages derived from your pills. A thousand congratulations! Your medicine is really a panacea for all the ills human flesh is heir to. Please send me by return of post three boxes of the Atank Nigrah Pills, one box of your tooth-powder and half a tola of collyrium or antimony.

Yours &c,  
SHAMBHUNATH MISHRA,  
Cawnpore.

SIR,

First I used two boxes of your well-known Atank Nigrah Pills, and afterwards two more, and it affords me great pleasure to say that I have beyond doubt profited by them. I am short of words to describe the immediate good effects they have produced upon me. I am of opinion that it is beyond the power of man to enumerate their merits.

Yours &c,  
 GOPAL SHIVRAM,  
 Jamkhandi.

Will you kindly forward by V. P. return post to undermentioned address, three more boxes of Atank Nigrah Pills? The last three boxes I got from you have done me a great deal of good.

G. S. Goff, R. M. Railway,  
 Ahmedabad

I do hereby certify that your Atank Nigrah Pills are very efficacious in curing all sorts of complaints arising from loss of semen, nervous debility and loss of memory. In short, they are nothing but a tonic in invigorating life-power in those despairing from the decaying powers of age.

LALA DALEEPCHAND,

Sub-Inspector of Excise,

Arvi—Dt. Wardha

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Of course, it is needless to say that any one doubting the authenticity of these extracts and certificates, is very welcome in the head office of this pharmacy for inspection or may convince himself by direct communication with the certifiers themselves. Dear reader, these I think, are more than sufficient to convince you, and the truths culled out from them will bound home to your heart. But at the same time you might justly blame us, if, out of the total appropriation of the whole space of this book to this theoretical treatment, we are not disposed to spare a few pages not to hold off therefrom some useful information about other preparations equally practical & important to the diseases treated of in the preceding pages of this book. You will please therefore hail the information in the succeeding pages

ॐ नमो भगवते वासुदेवाय

# THE ATANK NIGRAH PILLS

AND

Other Ayurvedic Preparations

OF THE

Atank Nigrah Pharmacy.

## AN APPEAL TO THE PUBLIC.

It is intended to publish a volume comprising the innumerable certificates that have been received in connection with the Atank Nigrah Pills—pills which during the last more than 25 years have earned an unprecedented reputation, for curing the most persistent and stubborn seminal diseases and nervous debility, throughout the length and breadth of the country.

There is reason to believe that some of our worthy customers who have been benefited by the use of our pills and who have also recommended the same to their friends and relatives in high terms, have not, however, communicated their experiences to us in writing. The volume under contemplation would not be complete and upto date until these certificates are embodied therein; and such of our worthy customers as have not already communicated their experiences to us are now requested to do so at the earliest date convenient.

VAIDYA SHASTRI,  
MANISHANKER GOVINDJI,  
Proprietor—*A. N. Pharmacy,*  
JAMNAGAR—Kathiawar,

*Farewell suffering ! and adieu depression !*

A MOST BRILLIANT RECORD OF SUCCESS.

"THE ATANK NIGRAH PILLS."

The Atank Nigrah Pills are the safest and best specific for curing all diseases of the urinary system originating in abuse or excessive use of the organ of generation. These pills effectually put a stop to wet dreams and involuntary emission of the seminal fluid.

The Atank Nigrah Pills are unrivalled in imparting new life and energy to both the body and the sense-organs and in increasing the vital fluid. They are like magic in case of impotency and loss of manhood.

The Atank Nigrah Pills restore lost digestive power, create healthy appetite, remove constipation, make the evacuations full, purify blood, sustain juvenescence, cure Gonorrhœa, Leucorrhœa, Hemorrhage and completely reinvigorate vital powers. The Atank Nigrah Pills go a great way to enhance conjugal bliss.

A unique feature of these pills, is that they may be used in all seasons and in all climates without any restriction about diet.

*Re. 1 for a tin with 32 pills,*

One pill with milk about 5 minutes after each meal twice a day. If milk is not available or is disliked, water may be substituted.

The pills may be taken either as a whole or powdered, followed by an immediate drink of milk in a quantity capable of easy digestion. But under no circumstances should they be allowed to dissolve in milk.

No special diet is to be observed nor is there any prohibition against the natural function of procreation.

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*Life-and-Health-invigorating Oil.*

(MANI OIL)

FOR EXTERNAL USE ONLY.

This sweet-scented oil nourishes the body and cools the head. It is suitable for toilet purposes. Lost manhood may be regained by its local application. Its daily use infuses strength and vigor into the debilitated constitution. It relieves a fat man of his troublesome growth of flesh and in this way acts as an anti-fat preparation. Not only does it prevent the falling off of the hair but it also makes it more soft and shining, by checking its untimely

greyness or decay. It removes like magic all blotches and pimples appearing on the face in youth. If rubbed on the palms and the soles at bed-time, it removes the fatigue of the day. Its cooling effect after hard brain work is beyond description. The numerous ingredients from which numerous Ayurvedic oils are manufactured have been scientifically mixed in this preparation. It fortifies the body against the raid of any contagious disease.

*Re. 1 for a phial of 5 tolas of the oil*

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## BAJMITRA.

(SHISHOO SIKHA)

OR

(CHILDREN'S FRIEND).

A BOON TO THE WEAK CHILDREN.

These pills are the very life blood of children. They nourish and sustain children by helping in a marvellous manner their digestive powers. There is no other medicine for children that can so easily increase the vitality, sprightliness and lustre of their appearance. These pills increase the blood, the chief ingredient in the constitution. They are the



only remedy for liver, cough, cold, fever, debility, bronchitis and other diseases of the children. Healthy children may also use them.

*Re 1 for a tin with 300 pills*

Every morning and evening, pills equal in number to the years the child is old, with a little quantity of powdered myrobalans, dissolved in mother's milk.

## NETRANAND MANDAR

The foremost, sovereign and well-approved remedy for eye-diseases. It is capable of eradicating the stubborn ailments of dimness, cataract, films, etc of the eyes that render the life of the sufferer a mere burden to him and to others. It would not be imprudent to advise Doctors, Physicians and Kavirajas, expert in eye-diseases to use our Mandar when they fail in their own.

*Re 1 for half a tola*

Rub it with water on a clean copper pot and apply the solution inside the eye once a day (noon time preferable). The liquid should not be thick.

## KASANTAK PILLS.

As their name signifies they are really the death to Consumption, Bronchitis, Asthma and other diseases of the lungs and respiratory organs. Rumbling sound in the throat, hoarseness of the voice, and such other common complaints resulting from the sudden change of weather and catching of cold are cured at once by these invaluable pills. When it has been said that these pills destroy Phthisis &c, it would be superfluous to write that they are capable of affording relief in coughs, colds etc., etc.

One unique feature of these pills is that they are indispensably necessary to singers. Used regularly they keep the voice full and melodious even in the advanced age.

*Re. 1. per box containing 50 pills.*

One pill thrice a day morning, noon and evening with water

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## KARN TEL

OR

(THE OIL FOR FAR-DISEASES).

The issuing out of pus from the ear, shooting pain, rumbling noise, the growing weakness of the

sense of hearing and several other diseases of the auditory system are unfailingly removed by the pouring of a few drops of this oil into the ear at bed-time for a couple of days or so.

*Re. 1 for a phial of two tolas.*

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## VRAN MARDAN.

(AN OINTMENT FOR SKIN-DISEASES).

Not a single case has yet occurred in which the ointment has not cured the disease for which it is used. This is the only remedy for skin-diseases, such as wounds, boils, ulceration of the breast &c. Its efficacy is perceived within 24 hours.

*Price—per box Re. 1.*

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## PURGATIVE PILLS

Absence of stools is the root of all maladies and so every precaution should be taken to prevent that state of things. These pills serve this purpose very well, for they are the best laxative.

Two pills taken at bed-time with tepid water would bring one or two free motions the next morn-

ing and thus the bowels would be cleared. They are perfectly harmless in effect. They neither produce nausea nor unnecessarily excite the gastric function, nor do they cause griping pain. These pills also serve as a purge, if three or four are taken at a time.

*Annas Eight for a tin with 32 pills.*

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### RINGWORM TABLET.

Disgustful ringworm, whether black or red, and affecting any part of the body and spread to any extent, is easily rooted out by the use of this tablet.

*Annas four for a tablet of two tolas.*

Rub the tablet on a stone with water and apply the liquid to the part affected

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### MANI MALAM

OR

(ANTI-RINGWORM OINTMENT).

The ointment is guaranteed to cure all kinds of ringworm of long standing, black or red, within 24 hours.

*Annas four per box.*

MUKTANJAN  
OR  
(PURE COLLYRIUM).

That the collyrium is greatly beneficial to the eye is not only the opinion of individual practitioners but its mention has also been made in the Ayurved as the well-tried remedy for the diseases of the eye. If applied regularly in the eye it has the power of increasing the strength of vision and of rendering the eye capable of distinguishing even the smallest of things, removing all impurities in the ocular system.

In the Atank Nigrah Pharmacy the pearl collyrium is prepared on scientific principles.

*Black Re 1-8-0 per tola.*

*White Rs. 2-0-0 per tola.*

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FOR THE RICH ONLY.  
PURE COLLYRIUM

*Rs 24 for 1 Tola.*

The high price set on this antimony alone is a sufficient guarantee of its invaluable virtues.

## MANI, MANJAN

or

(SWIFT-SCENTED DENTIFRICH)

This tooth-powder is the best of its kind. It is deliciously perfumed. It cures and prevents looseness of the teeth and the gums, and checks hemorrhage therefrom. Its use imparts fragrance to the breath and is the best cure for caries of the teeth. In short, it is the best remedy for all derangements of the teeth and the gums.

Apply a little quantity of the powder to the teeth every morning and wash them off with cold water.

*Annas four for a packet of 4 Tolas.*

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 CHOLERA PILLS.

These preventive as well as curative Cholera pills never fail to rescue the patient from the jaws of death. No house-holder should fail to keep a box of these pills in his house. It is superfluous to add that these pills are the most effective remedy for Diarrhœa, Dysentery and other diseases of the stomach, resulting from indigestion.

In cases of Cholera, one pill every hour with water till a complete cure is obtained. In cases of other diseases of the stomach, one pill every morning and evening with water about two hours before diet (For a detailed explanation on this medicine *vide* page 15 of our work entitled "Ayurveda Margopadeshika")

*Re. 1 for a tin with 30 pills*

## JWARANTAK PILLS

An infallible remedy for all kinds of ague or fever, whether quotidian, alternate, tertian or quartan, or remittent or intermittent

A unique feature of these pills is that they may be taken in the absence of fever as well as while fever is on.

Two pills twice a day morning and evening about two hours before diet with water.

*Re. 1 for a tin with 40 pills.*

## SLEEP PILLS

OR

(SUSHUPTI SAHAYA).

This is the best soporific remedy free from any intoxicating substance,

Any one robbed of sleep either owing to some organic disease, mental disquietude, or any other cause, will get great relief by the use of these pills. A sound sleep lasting for 6 to 8 hours is ensured by two pills taken with water at bed-time.

*Rec. 1 for a tin with 16 pills.*

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### MANDUR VATAK.

Jaundice, yellowness in the body, enlargement of the spleen, anæmia and several other kindred diseases are cured by these pills, whose principal virtue consists in purifying blood and increasing its stock. One pill to be taken every morning and evening with water about two hours before meals.

*Price—Rec. 1 for 100 pills.*

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### ULANDRAPRABHA PILLS.

Acute gonorrhœa, burning sensation in the urine, loss of blood, piles—blind or bleeding, sickness of women and similar other diseases can be cured by taking half a pill with milk two hours before meals twice a day, morning and evening. These pills also work successfully on dysuria, hydiocœle, and the diseases of women consequent upon the com-



plaints of confinement, and also remove excess of heat in the body

*Price—Re. 1 for a tin with 16 pills*

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### YOGRAJ GUGGULA

A well-approved remedy for eradicating all complaints regarding the stomach and the wind. One pill should be taken with water twice a day, morning and evening, about two hours before meals.

*Price—Re 1 for a tin with 32 pills.*

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### KESARADI PILLS

These pills are a boon to those whose blood has been poisoned by any venereal diseases or who have an abnormal degree of heat in their bodies owing to the same cause. They prevent the man from falling into the clutches of death and unfailingly restore him to health and vigour, that is to say, the pills root out the disease from his body.

Two pills should be taken every morning and evening about two hours before meals with *ghee* (purified butter). A special diet consisting of wheat, rice, ghee, milk and sugarcandy only should be taken.

*Price—Re. 1 for a tin containing 100 pills.*

## WATA GAJA KESARI OIL.

This is a very efficacious remedy for rheumatism, gripings, shooting pain in the body etc.

*Price—Re 1 for a phial containing 5 tolas.*

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## AMRITARNAVA AVALEHA.

The use of this Avaleka purifies the blood, increases the stock of semen, and imparts good strength, nourishment, and lustre to the body. Further, it dissipates the weakness of the brain as well as the excess of heat in the body and strengthens the memory as well as the power of understanding. Again, consumption, chronic and acute diarrhoea, continuous head-ache, pain in the chest, etc., can be cured by taking one tola every morning and evening, about two hours before meals, followed by a good dose of milk.

*Price—Rs 2 per tin containing half a pound.*

*N B*—Atank Nigrah, Kasantaka, Cholera Pills, Jwarantaka, Mandui Vatak, Sleep Pills, Yograj Guggula, and Amritarnava should be administered only in half doses to those between 10 and 16 years.

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### A TABLET FOR LEUCODERMA.

The rubbing of this tablet on a stone with water and the application of the liquid on the part affected removes leucoderma.

*Price—Annas 8 for one tablet.*

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### SYPHILIS POWDER.

Although the Vrana Maidan Ointment is an unfailing remedy for ordinary wounds, sores, etc., it is powerless in cases of syphilitic sores and wounds. This Syphilis Powder, however, is quite a specific remedy for the latter.

*Price—Re. 1 per tola,*

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### THE SAHASRAPUTI ABHRAKA BHASMA.

By a daily use of this invaluable Bhasma a person is never deprived of his youth, and his body becomes strong and well-developed. This all-powerful Bhasma, in consequence, deals a deadly blow to the dreadful diseases of Leucoderma, Anæmia, Consumption, Impotency and several others.

*Price—Rs. 50 per tola.*

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## A TABLET FOR PILES.

The rubbing of this tablet on a stone with water and the application of the paste thus formed on the piles removes the same

*Price—Annas 8 for one tablet*

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## DELICIOUS PILLS FOR DIGESTION.

The taking of two pills per day one in the morning and one in the evening, with water, improves the power of digestion and hence the food eaten is properly digested. These pills, again, totally remove constipation, stomach-ache, disinclination towards food or drink & such other ailments.

*Price—Rupee one for a tin containing 30 pills*  
Persons indenting for these pills for the first time will, however, be supplied with a tin by way of present on then remitting postage stamps of the value of one anna

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## A WORD MORE AND DONE

Our Atank Nigrah Pills and other preparations which having long secured a wide circulation by virtue of their power of rendering marvellous cure and efficacy, and proving themselves gloriously successful, have so impressed upon us that in speaking of them as being of our personal experience and

rendering a surely-proven cure in the diseases mentioned above, we would have gone the length of inserting such phrases as अनुभूतम् (having personal experience), गुरोर्लब्धम् (having acquired a favoured boon as revealed from our preceptors), or सशपथम् (having sworn of their efficacy in the name of our dear gods), as done by most of our antique Indian Medical professors with regard to their excellent preparations entered into their valuable treatises, but for the apprehension of our being regarded by some sceptics as over-vain and desirous of being ranked with those unrivalled Pandits



### SPECIAL ADVANTAGES TO CUSTOMERS

Customers buying our medicines worth Rs 4 or more at a time can claim one or more of the following valuable presents on conditions specified thereto

Shri Krishna in Kumav Sabha—a fine painting by Ravi Varma, on an order of medicines worth Rs 4 (*vide* next page)

Or any medicine worth Rs 1, on an order of medicines worth Rs 1

Or *any one* of the following books in Gujarati which have been composed by Vaidya Shastri on every order of medicines worth Rs 5 at a time

Mukta, Chikitsabodhi (Gujarati-Marathi), Aryanaya Aushadhi, Pandiv and Kuniv, Rim and Ravan, Pandava-shvamedhi, Shri Krishna Chantia

Or Mukta (Marathi) or Bhagvadgita (large edition) on every order of medicines worth Rs 6 at a time.



## BUSINESS RULES.

1 Customers are requested to legibly write their names, addresses and residences, in each letter, distinctly mentioning the medicines they want, with their quantity and all other necessary particulars

2 The medicines mentioned in the book can be had only of our Head Office, Branch Offices, and Agencies, that are from time to time declared by us

3 No medicine is sent on credit, nor free either as trial, test, sample or for charity's sake

4 No fraction of a tin, phial, or tablet is sold

5 As no medicine is given free or at prices lower than those published in the book, any one asking for the least reduction in the price, Postage, V P charges, or Money Order commission (which are charged extra) will have their correspondence non-replied and their orders non-executed

6 Every medicine is accompanied by directions for use, rules for diet, &c

7 All presents that are presented to purchasers of Rs 4 worth of medicines or more are sent with the medicines and in the same parcel, however, if the order contains liquid medicines like oil, &c, the simultaneous dispatch of the presents of pictures, or books is held off for fear of soiling the present, in case of accident to the liquid phial. In such cases, the presents can only be sent after receipt of the price of the medicines sent

8 For presents on orders of Rs 4 or more worth of medicines, *vide* this book page 118

9 Without presents medicines worth Rs 5 for Rs 4, and those worth Rs 12 for Rs 9 only are supplied

VAIDYA SHASTRI  
MANISHANKAR GOVINDJI,  
AIAANK NIGRAH PHARMACY,  
Jamnagar-Kathrauar

